



Lifeline Links: Must-Have Bookmarks for APEX Preparation

This is a list of links to obvious (and not-so-obvious) resources that are available online. From filling out your planner to budgeting for an APEX abroad, there is an abundance of information at your fingertips 24/7! For more in-depth information on a specific topic, please reach out to the Office of Public Health Practice. If we can't answer your question, we should be able to direct you to someone who can!

- OSS - Career Services: <https://public-health.tamu.edu/careers/index.html>
 - Schedule an appointment with Dr. Green to review your resume or sharpen your interview skills.
- International Student and Scholar Services (ISSS): <https://global.tamu.edu/iss>
 - ISSS is THE resource for completing CPT requests, renewing visas, and so much more. We strongly encourage all international students to familiarize themselves with the services offered by ISSS.
- Student Legal Services: <https://studentlife.tamu.edu/sls/contact/>
 - In addition to consultation on a wide range of legal topics, Student Legal Services also offers free Notary Public services every weekday.
- MIT Living Wage Calculator: <https://livingwage.mit.edu/>
 - If you're planning to complete your APEX across the state or across the country, you may need to know what average living expenses in that area look like! The Living Wage Calculator helps individuals, employers, and others estimate the typical expenses and other financial implications of living in specific counties, Metropolitan Statistical Areas (MSAs), and states in the United States.
- TAMU Academic Calendar: <https://registrar.tamu.edu/academic-calendar>
 - University-wide important dates can be found here- a must in any well-prepared student's planner!
- SPH Calendar: <https://public-health.tamu.edu/calendar/index.html>
 - School of Public Health-specific events and dates are listed here.
- TAMSPH APEX Forms: <https://public-health.tamu.edu/practice/practicum.html>
 - Keep an eye on both the "APEX Forms" page and the "Applied Practice Experience Information for Students" page as the information is periodically updated!