

LEDRIC D. SHERMAN

Curriculum Vitae-January 2026

Texas A&M University
School of Public Health
Department of Health Behavior
1266 TAMU
College Station, Texas 77843-1266

Email: LSHERMAN@TAMU.EDU
Office: School of Public Health Bldg. 326
Office phone: 979.436.9766

EDUCATION

2013	Ph.D.	Health Education Texas A&M University, College Station, Texas College of Education and Human Development Department of Health and Kinesiology <u>Dissertation:</u> <i>Blood sugar and brothers voices: An exploratory study of the self-care management experiences of African American men living with type 2 diabetes.</i> <u>Committee:</u> E. Lisako Jones McKyer, PhD., MPH (chair); Jeffrey Guidry, PhD, MPA; Alvin Larke Jr., PhD; John Singer, PhD
2004	M.A.	Health Education Sam Houston State University, Huntsville, Texas College of Education Department of Health and Kinesiology
2001	B.S.	Health Education (Minor in English) Sam Houston State University, Huntsville, Texas College of Education Department of Health and Kinesiology

ACADEMIC EXPERIENCE

2022- Present	Associate Professor *(Tenure awarded September 2022)*	<i>School of Public Health Department of Health Behavior Texas A&M University College Station, Texas</i>
2015- 2022	Assistant Professor	<i>Department of Health & Kinesiology Division of Health Texas A&M University College Station, Texas</i>
2013-2015	Clinical Assistant Professor	<i>Department of Health & Kinesiology Division of Health Texas A&M University</i>

College Station, Texas

2012 – 2013	Instructional Associate Professor	<i>Department of Health & Kinesiology Physical Education Activity Program Texas A&M University College Station, Texas</i>
2004-2012	Instructional Assistant Professor	<i>Department of Health & Kinesiology Physical Education Activity Program Texas A&M University College Station, Texas</i>
2013- Present	Faculty Research Affiliate	<i>Transdisciplinary Center for Health Equity Research Texas A&M University College Station, Texas</i>
2012-2013	Research Associate	<i>Transdisciplinary Center for Health Equity Research Texas A&M University College Station, Texas</i>
2009 – 2012	Research Associate	<i>Center for the Study of Health Disparities Texas A&M University College Station, Texas</i>

PROFESSIONAL EXPERIENCE

2002-2003	Assistant Program Coordinator	<i>Texas Department of Criminal Justice Wellness Initiative Now (W.I.N.) Program Huntsville, Texas</i>
2003-2004	Graduate Teaching Assistant	<i>Sam Houston State University Department of Health and Kinesiology</i>
2001-2002	Substitute (K-12) School Teacher	<i>Huntsville Independent School District</i>

RESEARCH INTERESTS

- Type 2 diabetes self-management among ethnic minority men.
- Utilization of technology for chronic illness management among men.
- Health education and wellness promotion.

PEER REVIEWED RESEARCH MANUSCRIPTS

Note: Names in *Italics* designate graduate student status at the time of submission.

Publications with (**) at the end denotes a change in impact factor.

- **48 manuscripts published**
 - 26 publications are either first authored, second author, or co-authored.
 - 21 publications include student authors at the time of acceptance.
- **9 currently under review**

48. *Park, J.H., Cisneros Franco, C.L., Bergeron, C.D., Sherman, L.D., Prochnow, T., Branford, A., Zumwalt, R., Smith, M.L.* (2025) Assessing situation awareness for healthful behaviors and the “self-care gap” among non-Hispanic Black and Hispanic men with chronic conditions. Health Promotion Practice; <https://doi.org/10.1177/15248399251370369>; Impact Factor: 1.6

47. Prochnow, T., *Joshi, P.T., Patterson, M.S., Park, J.H., Smith, M.L., Sherman, L.D.* (2025) Mapping the social context of type 2 diabetes management: A network analysis of disease-related complications among Black/African American men. Journal of Racial and Ethnic Health Disparities; <https://doi.org/10.1007/s40615-025-02644-x>; Impact Factor: 3.2

46. Olokunlade, T., **Sherman, L.D.**, Benden, M.E., Han, G., Bergeron, C.D., & Smith, M.L. (2025) Incident and recurrent falls among non-Hispanic Black and Hispanic men with chronic conditions. Journal of Safety Research; <https://doi.org/10.1016/j.jsr.2025.10.021>; Impact Factor: 4.4

45. Prochnow, T., Patterson, M.S., *Park, J.H., Sherman, L.D., Smith, M.L.* (2025) Beyond size and structure: How social network quality influences diabetes management self-efficacy in Black/African American men. Journal of Behavioral Medicine; <https://doi.org/10.1007/s10865-025-00599-2> ; Impact Factor: 2.8

44. Montemayor, B.N., Merianos, A.L., Bergeron, C.D., **Sherman, L.D.**, Jacobs, W., Chung, S., Hasson, A., & Smith, M.L. (2025) Correlates of recreational and medicinal cannabis use among non-Hispanic Black and Hispanic men with chronic conditions. Journal of Community Health; <https://doi.org/10.1007/s10900-025-01500-7>; Impact Factor: 3.9

43. Prochnow, T., Patterson, M.S., *Park, J.H., Sherman, L.D., Smith, M.L.* (2025) Safety net or social barrier? Social networks and barriers to monitoring type 2 diabetes management among Black/African American men. Preventive Medicine Reports; <https://doi.org/10.1016/j.pmedr.2025.103137> Impact Factor: 2.5

42. *Park, J.H., Bergeron, C.D., Ness, M., Sherman, L.D., Merianos, A.L. Yoo-Jeong, M., Cisneros-Franco, C., Tomar, A., Boolani, A., Kew, C.L., Oloruntoba, O., Smith, M.L.* (2025) Associations of depressive symptoms, social engagement and support, and lifestyle behaviors among non-Hispanic Black and Hispanic men with chronic conditions in the United States. Frontiers in Public Health; <https://doi.org/10.3389/fpubh.2025.1600818> Impact Factor: 3.0

41. Prochnow, T., Smith, M.L., Patterson, M.S. *Park, J.H., Sherman, L.D.* (2025) Making the Connection: Social Networks and Type 2 Diabetes Self-Management among Black/African American Men with a Mixed-Methods Study Protocol. *Frontiers in Public Health*; <https://doi.org/10.3389/fpubh.2025.1483880> Impact Factor: 3.0

40. Prochnow, T., Patterson, M.S., *Park, J.H., Sherman, L.D.*, Smith, M.L. (2025) Social network characteristics and type 2 diabetes self-management among Black/African American men: A cross-sectional analysis of support quality and communication patterns. *Preventive Medicine*; <https://doi.org/10.1016/j.ypmed.2025.108292> Impact Factor: 4.3

39. *Park, J.H., Sherman, L.D.*, Smith, M.L. Patterson, M.S., Prochnow, T. (2025) The association between health belief model components and self-care practices among Black/African American men with type 2 diabetes. *International Journal of Environmental Research and Public Health*; <https://doi.org/10.3390/ijerph22030414> Impact Factor: 4.614

38. *Park, J.H.*, Prochnow, T., **Sherman, L. D.**, Smith M. L., Patterson, M. S., Zhou, Y. (2025) Adherence to Physical Activity Guidelines Associated with Self-Care Management and Self-Regulatory Efficacy for Type 2 Diabetes among Black/African American Men. *Journal of Men's Health*; <DOI:10.22514/jomh.2025.03>; Impact Factor: 0.6

37. Cudjoe, T. K. M., Taylor, H. O., **Sherman, L. D.**, Bergeron, C. D., Holloway, J., Nguyen, A. L., & Smith, M. L. (2025) Challenges to social connection among Black men with chronic conditions: Examination of structural, functional, and quality domains. *Ethnicity & Disease*; <https://doi.org/10.18865/EthnDis-2024-8>; Impact Factor: 2.006

36. Bergeron, C.D., Cisneros Franco, C.L., **Sherman, L.D.**, Pullyblank, K., Brunner, W., Brandford, A., Kew, C.L., Smith, M.L. (2024) Healthcare engagement in disease prevention and management: Factors influencing chronic disease program referral adherence among non-Hispanic Black and Hispanic men with chronic conditions. *American Journal of Men's Health*; Impact Factor: 2.9; <https://doi.org/10.1177/15579883241288978>;

35. Olokunlade, T., Benden, M.E., Han, G., **Sherman, L.D.**, Oloruntoba, O., Jesaa, I., Igbo, A., Nwadije, J., Mustapha, T., Nwofo, A., Ogunbamowo, A., Smith, M.L. (2024) Fall-related risk factors among older males: A scoping review. *Health Behavior Research*, 7(4); <https://doi.org/10.4148/2572-1836.1264>

34. *Park, J-H.*, Prochnow, T., **Sherman, L. D.**, Bergeron, C. D., Merianos, A. L., Olubajo, B., Gandhari, S., & Smith M. L. (2024). Drivers of food service need and use among non-Hispanic Black and Hispanic men with chronic conditions in the United States. *Health Behavior Research*, 7(4). <https://doi.org/10.4148/2572-1836.1257>

33. *Olokunlade, T.*, Benden, M.E., Han, G., **Sherman, L.D.**, Smith, M.L. (2024) Factors associated with incident and recurrent falls among evidence-based program enrollees: An examination of race and ethnicity. *Journal of Applied Gerontology*; <https://doi.org/10.1177/0733464824125173>; Impact Factor: 2.645

32. Nsobundu, C., Nmadu, Y., Wagle, N., Foster, M., McKyer, E.L.J., **Sherman, L.D.**, Ory, M., Burdine, J. (2024) Process evaluations of diabetes self-management programs: A systematic review of the literature. American Journal of Health Promotion; <https://doi.org/10.1177/08901171241238554>; Impact Factor: 2.500

31. Oloruntoba, O., Bergeron, C. D., Zhong, L., Merianos, A. L., **Sherman, L. D.**, Kew, C. L., Goidel, R. K., & Smith, M. L. (2024). Pharmacological prescribing and satisfaction with pain treatment among non-Hispanic Black men with chronic pain. Patient Preference and Adherence; <https://doi.org/10.2147/PPA.S435652> Impact Factor: 2.314

30. **Sherman, L.D.**, Cisneros-Franco, C. L., Prochnow, T., Patterson, M.S., Johannes, B.L., Alexander-Bady, J., Merianos, A.L., Bergeron, C.D., Smith, M.L. (2023) Personal agency and social supports to manage health among non-Hispanic Black and Hispanic men with diabetes. American Journal of Men's Health; <https://doi.org/10.1177/1557983231211057> Impact Factor: 2.300

29. Kew, C.L., Washington, T.R., Bergeron, Merianos, A.L. C.D., **Sherman, L.D.**, Goidel, R.K., Smith, M.L., (2023) Caregiver strain among Non-Hispanic Black and Hispanic men caregivers with chronic health conditions. Ethnicity & Health; <https://doi.org/10.1080/13557858.2023.2222341>; Impact Factor: 2.732

28. Merianos, A. L., Mahabee-Gittens, E. M., Montemayor, B. N., **Sherman, L. D.**, Goidel, R. K., Bergeron, C. D., & Smith, M. L. (2023). Current tobacco use patterns associated with healthcare utilization among non-Hispanic Black and Hispanic men with chronic conditions. Addictive Behaviors; <https://doi.org/10.1016/j.addbeh.2023.107695>; Impact Factor: 4.591

27. Zhu, X., Ory, M.G., Xu, M., Towne, S.D., Lu, Z., Hammond, T., Sang, H., Lightfoot, T.J., McKyer, E.L.J., Lee, H., **Sherman, L.D.**, Lee, C. (2022) Physical activity impacts of an activity-friendly community: Study protocol of a natural experiment. Frontiers in Public Health; <https://doi.org/10.3389/fpubh.2022.929331>; Impact Factor: 3.709

26. Smith, M.L., Bergeron, C.D., **Sherman, L.D.**, Goidel, R.K., Merianos, A.L. (2022) Contextualizing the chronic care model among non-Hispanic Black and Hispanic Men with chronic conditions. International Journal of Environmental Research and Public Health; <https://doi.org/10.3390/ijerph19063655>; Impact Factor: 3.390

25. Comer-HaGans, D., Austin, S., Ramamonjiarivelo, Z., **Sherman, L.D.** (2022) Preventative diabetes self-care management practices among individuals with diabetes and mental health stress. Journal of Affective Disorders; <https://doi.org/10.1016/j.jad.2021.11.020>; Impact Factor: 3.892

24. **Sherman, L.D.**, Goidel, R.K., Bergeron, C.D., Smith, M.L. (2021) Online health information seeking among African American and Hispanic men living with chronic conditions: A cross-sectional survey. Journal of Medical Internet Research; <https://doi:10.2196/26180>; Impact Factor: 5.43

23. Comer-HaGans, D., Ramamonjiarivelo, Z., Austin, S., & **Sherman, L.D.** (2021) Diabetes self-management among individuals with diabetes and physical disabilities. The Science of Diabetes Self-Management and Care; <https://doi.org/10.1177/26350106211024136>; Impact Factor: 2.140

22. Jackson, Z., Harvey, I.S., **Sherman, L.D.** (2020) The impact of discrimination beyond sense of belonging: Predicting college students' confidence in their ability to graduate. *Journal of College Student Retention: Research, Theory, & Practice*; <https://doi.org/10.1177/1521025120957601>; Impact Factor: 1.520

21. Zhang, X., **Sherman, L.D.**, Foster, M. (2020) Patient-provider communication on sexual health: A scoping review. *Patient Education and Counseling*; <https://doi.org/10.1016/j.pec.2020.06.019> Impact Factor: 2.821

20. **Sherman, L.D.**, Patterson, M.S., Tomar, A., Wigfall, L.T. (2020). Use of digital health information for health information seeking among men living with chronic disease: Data from the Health Information and National Trends Survey (HINTS). *American Journal of Men's Health*; DOI: <https://doi.org/10.1177/1557988320901377>; Impact Factor: 1.409

19. Wigfall, L.T., **Sherman, L.D.**, Garney, W.R., Patterson, M.S., Montiel-Ishino, F.A., Vadaparampil, S.T. (2020) Are healthcare providers making the most of patient encounters to promote HPV vaccination for persons aged 26 years at-risk for cigarette smoking? *Patient Education and Counseling*, 103(1), 180-188. Impact Factor: 2.785

18. Zhang, X., Mkuu, R., Samman, E., Cummings, S., **Sherman, L.D.**, Wigfall, L.T., Wilkinson, T., Burdine, J.N. (2019) Anxiety and depressive symptoms and missing breast cancer and cervical screening: Results from Brazos Valley Community Health Survey. *Psychology, Health, and Medicine*; <https://doi.org/10.1080/13548506.2019.1668031>; Impact Factor: 1.603

17. **Sherman, L.D.**, Comer-HaGans, D., Pattin, A.J. (2019) Experiences with stress among African American men living with type 2 diabetes: A qualitative inquiry. *SAGE Open Nursing*. Impact Factor: 0.675

16. **Sherman, L.D.**, Smith, M.L. (2019) African American fathers' perceived role for the dietary behaviors of their children: A qualitative study. *American Journal of Men's Health*; doi.org/10.1177/1557988319840851; Impact Factor: 1.409(**)

15. **Sherman, L.D.**, Grande, S.W. (2019) Building better clinical relationships with patients: An argument for digital health solutions with Black men; doi.org/10.1177/1178632919834315 *Health Services Insights*; Impact Factor: 1.210

14. Jackson, Z.A., **Sherman, L.D.** (2019) National college health assessment sampling: Organizational barriers preventing Black participation and organizational solutions for appropriate representation. *Journal of American College Health*, 67(6), 501-504; Impact Factor: 1.656

13. Pattin, A.J., **Sherman, L.D.** (2018) Experiences among African-American community members with pharmacy-based immunization services in Detroit, Michigan. doi: 10.1177/8755122518801288; *Journal of Pharmacy Technology*; Impact Factor: 0.138

12. **Sherman, L.D.**, Griffith, D.M. (2018) If I Can Afford Steak, Why Worry About Buying Beans: African American Men's Perceptions of their Food Environment. *American Journal of Men's Health*; doi.org/10.1177/1557988318774986; Impact Factor: 1.409(**)

11. Grande, S.W., **Sherman, L.D.** (2018) Too important to ignore: Leveraging digital technology to improve chronic illness management among Black men. *Journal of the Medical Internet Research*; doi:10.2196/jmir.9434; Impact Factor: 5.175
10. **Sherman, L.D.**, Strom-Williams, J. (2018) Perspectives of fear as a barrier to self-management in non-Hispanic Black men with type 2 diabetes. *Health Education and Behavior*; doi.org/10.1177/1090198118763938; Impact Factor: 2.339
9. Harvey, I.S., **Sherman, L.D.**, Spears, E., Ford, C.D., & Green, H.D. (2017) Social support and diabetes self-management behavior among Caribbean American and African American women: A descriptive correlation study; *Journal of Social Health and Diabetes*, 5, (1) 16-24; Impact Factor: N/A
8. Bonner, T., Harvey, I.S., & **Sherman, L.D.** (2017) A Qualitative Inquiry of Lower Extremity Disease Knowledge among African Americans living with type 2 Diabetes. *Health Promotion Practice*; 1524839916688867; Impact Factor: 0.720
7. **Sherman, L.D.**, Favole, T. (2016) The more I do, the better I'll be": The treatment preferences of type 2 diabetes among African-American men. *American Journal of Men's Health*; DOI: 10.1177/1557988316642274; Impact Factor: 2.306
6. **Sherman, L.D.** (2016) A comprehensive literature review of theories and constructs utilized in type 2 diabetes self-care management research involving African-American men. *Journal of Social Health and Diabetes*, 4,(2), 127-132; Impact Factor: N/A
5. **Sherman, L.D.**, Hawkins, J., & Bonner, T. (2016) An analysis of the recruitment and participation of African-American men in type 2 diabetes self-management research: a review of the published literature. *Social Work in Public Health* dx.doi.org/10.1080/19371918.2016.1188742; Impact Factor: 0.354
4. **Sherman, L.D.**, McKyer, E.L.J. (2015) Where are they? The inclusion of African-American men in empirical studies of type 2 diabetes self-care management. *Journal of Social Health and Diabetes*, 3(2), 27-39; Impact Factor: N/A
3. **Sherman, L.D.** (2014) "We've come this far by faith": Faith and spirituality as a facilitator to self-care management of type 2 diabetes among African-American men. *Journal of Social Health and Diabetes*, 3(1), 26-32; Impact Factor: N/A
2. **Sherman, L.D.**, McKyer, E.L.J, Singer, J., Larke Jr., A., & Guidry, J. (2014) Understanding the essence and lived experience among African-American men living with type 2 diabetes. *Journal of Social Health and Diabetes*, 2(2), 96-104; Impact Factor: N/A
1. Grande, S.W., **Sherman, L.D.**, & Shaw-Ridley, M. (2013) A brotherhood perspective: How African-American male relationships may improve trust and utilization of health care. *American Journal of Men's Health*, 7(6), 494-503; Impact Factor: 2.141

REVISED AND RESUBMITTED MANUSCRIPTS

1. Prochnow, T., *Park, J.H.*, Patterson, M., **Sherman, L.D.**, Smith, M.L. Social Network Characteristics as Moderators of Discrimination and Mental Health Among Black/African American men with type 2 diabetes. Submitted on November 25, 2025; American Journal of Public Health; Impact Factor: 12.7

MANUSCRIPTS UNDER REVIEW

8. Park, J.H., Bergeron, C.D., Yoon-Jeong, M., Cudjoe, T.K.M., Taylor, H.O., **Sherman, L.D.**, Nguyen, A., Neal, A.F., Smith, M.L. Associations of faith-based organization engagement and social disconnectedness among non-Hispanic Black and Hispanic men with chronic conditions. Submitted on December 21, 2025; Journal of Religion and Health; Impact Factor: 2.0
7. *Bose, A.*, Prochnow, T., Bergeron, C.D., *Park, J.H.*, Johannes, B.L., **Sherman, L.D.**, Patterson, M.S., Merianos, A.L., Smith, M. L. Non-adherence to blood glucose testing among Non-Hispanic Black and Hispanic men with prediabetes. Submitted on December 14, 2025; Patient Preference and Adherence; Impact Factor: 2.0
6. Smith, M.L., Park, J.H., Rister, A., Oloruntoba, O., **Sherman, L.D.**, Smith, H., Merianos, A.L., Bergeron, C.D. Potentially undiagnosed obstructive sleep apnea among non-Hispanic Black and Hispanic men in the United States. Submitted on December 14, 2025; Sleep Health; Impact Factor: 3.4
5. Smith, L.M., Bergeron, C.D., **Sherman, L.D.**, Oloruntoba, O., Merianos, A.L. Barriers to disease self-care among older non-Hispanic Black and Hispanic men with chronic conditions. Submitted on October 5, 2025; American Journal of Men's Health; Impact Factor: 2.403
4. Prochnow, T., *Park, J.H.*, Patterson, M. S., **Sherman, L.D.**, Smith, M.L. Examining social network pathways between healthcare and everyday discrimination and type 2 diabetes self-management among Black/African American men. Submitted on September 25, 2025; Social Science & Medicine; Impact Factor: 5.0
3. Yoo-Jeong, M., Bergeron, C.D., Merianos, A.L., Ory, M.L., Han, G. **Sherman, L.D.**, Smith, M.L. Symptom severity profiles and its associated factors in minoritized men with chronic conditions. Submitted on May 28, 2025; Journal of Racial and Ethnic Health Disparities; Impact Factor: 3.2
2. Montemayor, B.N., Merianos, A.L., Bergeron, C.D., **Sherman, L.D.**, Jacobs, W., *Chung, S.*, *Hasson, A.*, & Smith, M.L. Drivers of cannabis use among non-Hispanic Black and Hispanic men with chronic conditions. Submitted on May 9, 2025; Patient Education and Counseling; Impact Factor: 2.9
1. Bergeron, C.D., *Cisneros Franco, C.L.*, **Sherman, L.D.**, Pullyblank, K., Brunner, W., Brandford, A., Smith, M.L. Adherence to healthcare provider referrals to attend disease prevention/management programs among non-Hispanic Black and Hispanic men with chronic conditions. Submitted on August 4, 2024; Journal of Men's Health; Impact Factor: 2.403

BOOK CHAPTERS

5. Chuck, E. & **Sherman, L.D.** (2021). Chronic disease. In D. Karczmarczyk & S. A. Milstein (Eds.), *Men's health: An introduction*. London: Routledge (*PEER-REVIEWED CHAPTER*)
4. Griffith, D.M., Cornish, E.K., **Sherman, L.D.**, Moore, H.J. (2019) Middle-aged men's health: Patterns and causes of health disparities during a pivotal period in the life course. In D.M. Griffith, M.A. Bruce, & R.J. Thorpe, Jr. (Eds.), *Men's Health Equity: A Handbook* (pp. 72-85). New York, NY: Routledge. (*PEER-REVIEWED CHAPTER*)
3. Bonner, T., **Sherman, L.D.**, Hurd, T., & Jones, L. (2015). Patient Navigation. In K.H. Todd & C.R. Thomas, (Eds.), *Oncologic Emergency Medicine: Principles and Practice*. (pp. 57-65). Springer Science New York City: (*PEER-REVIEWED CHAPTER*)
2. McKyer, ELJ, **Sherman, L.D.**, and Solari-Hall, K. (2014) Racial and Ethnic Approaches to Community Health. In Cousins, L.H. & Golson, G.J. (Eds.) *Encyclopedia of Human Services and Diversity*. Sage Publications: Thousand Oaks, California.
1. **Sherman, L.D.** Nutrition Programs. (2012) *Encyclopedia of Immigrant Health*. (pp. 1140-1142). Springer Science, New York City, New York.

EXTERNAL GRANTS AWARDED

Co- Investigator. 2023. *Making the Connection: Understanding the Dynamic Social Connections Impacting Type 2 Diabetes Management among Black/African American Men*. PI: Tyler Prochnow, PhD., Co-I's: MA, Meg Patterson, PhD., MPH, Matthew Smith, PhD., MPH. Funding Source: National Institutes of Health-National Institute on Minority Health and Health Disparities (NIH-NIMHD) Exploratory/Developmental Research Grant Program (R21 - Clinical Trial Optional); Award no: 1R21MD019048-01; **Funding Amount: \$419,375**; Project Period: 9/25/2023-5/31/2025

Co-Investigator. 2020. *The Study of Type-2 Diabetes and the Rural Experience Regarding Self-Management Behaviors and Stress Project*. (R21 Grant Proposal) PI: Shevon Harvey, DrPH, MPH. Funding Source: Department of Health and Human Services-National Institutes of Health-National Institute of Diabetes and Digestive and Kidney Disorders (NIH-NIDDK). **Funding Amount: \$275,000**

Consultant. 2020 *Engaging Black Men in Digital Health to Improve Self-Management of Type 2 Diabetes: An Iterative Participatory Approach*. Grant #: 1 F31 NR019213-01; PI: Anna Diane, PhD(c). Funding Source: National Institutes of Health: National Research Service Award (NIH-NRSA). Award Notification Date: June 1, 2020. **Funding Amount: \$77,098**

Principal Investigator. 2017 NIH NCI Supplement. *Physical Activity Impacts of a Planned Activity-Friendly Community: The What, Where, When, and Why of Environmental Approaches to Obesity Prevention*. Proposal ID: 1701551; Parent Grant Award No: 1R01CA197761 Parent Grant PI: Marcia G. Ory, Ph.D., School of Public Health, Texas A&M University. Funding Source: National Institute of Health: National Cancer Institute (NIH-NCI). Award Notification Date: September 21, 2017. **Funding Amount: \$297,939**

INTERNAL GRANTS AWARDED

Co-Investigator. 2025 *A Collaborative Care Model-based Intervention Program to Improve Uncontrolled Diabetes Symptoms in Patients with Severe Mental Illness.* Source: Department of Health Behavior Project Pitch. PI: Ping Ma, Ph.D., Co-I: Claire Baetge, Ph.D. Award Notification Date: February 27, 2025. **Funding Amount: \$25,000**

Principal Investigator. 2022 *Changes in Technology Use Among Black Men Pre/Post COVID-19.* Funding Source: Texas A&M University Health Science Center Seedling Grant Program. Award Notification Date: July 8, 2022. **Funding Amount: \$25,000**

Principal Investigator. Submitted September 14, 2020. *Change in Technology Use Following COVID-19 among Black Men with Chronic Illness.* Funding Source: Precise Advanced Technologies and Health Systems for Underserved Populations Engineering Research Center (PATHS-UP ERC) Innovation Seed Fund. Award Notification Date: October 14, 2020. Texas A&M University. **Funding Amount: \$25,000.**

Principal Investigator. 2018. Texas A&M University T3: Triads for Transformation. *At the Intersection of Health and Place: Barriers and Facilitators of Health Service Utilization among Men with Chronic Conditions.* Co PI's: Matthew Smith, Ph.D., Kirby Goidel, Ph.D. Funding Source: TAMU President's Excellence Fund. Award Notification Date: March 6, 2018. **Funding Amount: \$30,000**

Co-Investigator. 2017. *Promoting Reading Comprehension and Learning with Multimodal Science Texts (PRISMA)* Texas A&M University College of Education and Human Development Catapult Seed Grant. PI: Kay Wijekumar, Ph.D., Co PI's: Michael de Miranda, Ph.D., Julie Thompson, Ph.D., R. Malatesha Joshi, Ph.D. Funding Source: TAMU College of Education & Human Development. Award Notification Date: November 30, 2017. **Funding Amount: \$30,000**

Subject Matter Expert. 2016. *Texas A&M University, Offshore Training Program Review.* Funding Source: Bureau of Safety and Environmental Enforcement's (BSEE) Offshore Training Program for \$485,000. PI: Sam Mannan, PE, CSP, DHC., Co PI: Whitney Garney, Ph.D. Award Notification Date: August 16, 2016. **Funding Amount: \$5,000**

GRANT PROPOSALS UNDER REVIEW

N/A

UNFUNDDED GRANT PROPOSAL EFFORTS

Co-Investigator. Submitted on October 1, 2025. *Using a Collaborative Care Model for Diabetes Management among Patients with Severe Mental Illness.* Funding Amount: \$60,000. Funding Source: Texas A&M University Targeted Proposal Teams Collaborative Seed Grant

Principal Investigator. Submitted June 1, 2020. *A Qualitative Investigation of Managing Type 2 Diabetes During the COVID-19 Pandemic.* Funding Amount: \$5,000. Funding Source: The Social Science Research Council Rapid-Response Grants on COVID-19 and the Social Sciences.

Co-Principal Investigator. Submitted May 20, 2020. *Ready Next: A Replication Project Approach to Implement Teen Pregnancy Prevention Programs.* PI: Kelly Wilson, PhD. Funding Amount: \$2,197,657.00; Funding Source: United States Department of Health & Human Services-Office of the Assistant Secretary for Health.

Co-Principal Investigator. Submitted May 18, 2020. *Juntos Podemos 2: Changing the Map of Teen Pregnancy in South Texas.* PI: Kelly Wilson, PhD. Funding Amount: \$2,507,295.00; Funding Source: United States Department of Health & Human Services-Office of the Assistant Secretary for Health.

Co-Principal Investigator. Submitted 2019 (unscored); Resubmitted March 17, 2020. *Better Care for Black Men: Using mHealth to Co-Produce Better Communication Strategies for Black Men with Type 2 Diabetes.* (R21 Grant Proposal). PI: Stuart Grande, PhD., MPA. Funding Amount: \$275,000; Funding Source: National Institutes of Health.

Co-Principal Investigator. 2019. *Better Care for Black Men: Using mHealth to Co-Produce Better Communication Strategies for Black Men with Type 2 Diabetes.* (R21 Grant Proposal) Funding Amount: \$275,000; Funding Source: National Institutes of Health.

Principal Investigator. 2019. *Identifying psychological and social factors predictive of self-management plan adherence among older African American males living with type 2 diabetes.* (R03 Grant Proposal) Funding Amount: \$50,000; Funding Source: National Institutes of Aging.

Co-Investigator. 2018. *Health Promotion Among Racial and Ethnic Minority Males* (R21 Grant Proposal) Funding Amount: \$275,000; Funding Source: National Institutes of Health.

Principal Investigator. 2017. *Examining the Impact of the Built Environment on Physical Activity and Obesity in African American Communities and Potential Moderators and Mediators.* (Foundation Grant) Funding Amount: \$50,000; Funding Source: Robert Wood Johnson Foundation.

Principal Investigator. 2017. *Using PhotoVoice to Identify Sources of Social Support Diabetes Management among African American Men.* (University/Center Grant) Funding Amount: \$20,000; Funding Sources: University of Michigan Center for Urban African American Aging Research & Wayne State University Institute on Gerontology.

Principal Investigator. 2015 & 2016. *Sexual Dysfunction Among Black Men Living with Diabetes.* (University Grant) Funding Amount: \$18,000; Funding Source: PESCA Grant Program, Division of Research, Texas A&M University.

ACADEMIC HONORS AND AWARDS

2022 Recipient, Scholars Network on Masculinity and the Well-Being of African American Men; University of Michigan, Ann Arbor, Michigan.

- Invited weekend conference and mentoring program consisting of scholars in the humanities, social sciences, and professional fields who produce and promote research on Black males that is intended to inform scholarly communities as well as the broader public. The program involved plenary sessions, panels, and breakout discussions centered on

advancing research on Black males through the 21st century and supporting emerging scholars in their effort to do so.

National Heart, Lung, and Blood Institute/National Institutes of Health (NHLBI/NIH)

2016 **Recipient**, Summer Institute on Advanced Health Disparities; Programs to Increase Diversity Among Individuals Engaged in Health Related-Research; University of Arizona, Tucson, Arizona.

- Training and mentoring program to provide junior investigators, whose backgrounds are currently under-represented in biomedical research, with opportunities to gain the knowledge and tools they need to carry out independent and meaningful research and advance their careers.

American Academy of Health Behavior (AAHB)

2016 **Recipient**, American Academy of Health Behavior (AAHB) Research Scholar's Mentoring Program.

- Twelve month mentoring program to help junior investigators develops skills and gain experience in research-related activities.

Texas A&M University

2009 Texas A&M University, **Emil Mamaliga Outstanding Teaching Award** - 2008-2009 academic year.

- Award to recognize outstanding teaching from over fifty-five faculty in the Physical Education Activity Program.

Sam Houston State University

2000 Sam Houston State University, **“Across the University Writing Program Award”**

- Award to recognize outstanding collaborative writing between a study and faculty member.

ORAL PRESENTATIONS (Refereed)

International/National Conferences

22. Prochnow, T., Patterson, M. S. Park, J-H, **Sherman, L.D.**, & Smith M.L. Physical Activity and Self-Management Among Black/African American Men with Type 2 Diabetes: Social Network Characteristics and Health Communication Patterns. Accepted as an oral presentation at the American Public Health Association Annual Meeting and Expo, November 2-5, 2025, Washington, D.C.

21. Smith, M. L., Bergeron, C. D., Petrovsky, D. V., Sefcik, J. S., Brown, M. J., Udoh, I., **Sherman, L.D.**, de Souza, K. A., Boolani, A., Smith, H. A., Oloruntoba, O., Rister, A., & Merianos, A. L. (2025). Influence of respiratory conditions and sleep on subjective memory problems among U.S. non-Hispanic Black and Hispanic men. Presented at the European Respiratory Society Sleep and Breathing Conference, April 10-12, 2025, Antwerp, Belgium.

20. Cisneros Franco, C.L., Brandford, A., Bergeron, C.D., **Sherman, L.D.**, Prochnow, T., Zumwalt, R., Smith, M.L. (2024) Assessing situation awareness for healthful behaviors and the self-care gap among non-Hispanic Black and Hispanic men with chronic conditions. Oral presentation presented at the American Academy of Health Behavior Annual Meeting, April 14-17, 2024. Savannah, Georgia.

19. Kew, C.L., Washington, T.R., Bergeron, C. D., Merianos, A. L., Sherman, L.D., Goidel, R.K., Smith, M.L. (2022) Caregiver strain among African American and Hispanic male caregivers with chronic conditions. Oral presentation presented at the Gerontological Society of America Annual Meeting, November 2-6, 2022, Indianapolis, Indiana.
18. Smith, M.L., Steinman, L., Bergeron, C. D., Kew, C. L., Goidel, R.K., Sherman, L.D., Oloruntoba, O., Merianos, A.L. (2022) Associations of depressive symptomatology, social engagement and support, and lifestyle behaviors among non-Hispanic Black and Hispanic men with chronic conditions in the United States. Oral Presentation accepted for the Federation of European Neuroscience Societies (FENS) Forum of Neuroscience, July 9-13, 2022, Paris, France.
17. Grande, S.W., Lewis, J.A., Sherman, L.D. (2021) Better care for Black men: Assessing shared decision making informed mHealth to transform health communication. Oral presentation presented at the 2021 International Conference on Communication in Healthcare, October 17-20, 2021. (virtual)
16. Rahn, R.N., Sherman, L.D., Gunnels, E. Wilson, K. L. (2021) Creating Alternate Health Education Internships in Lieu of the COVID-19 Pandemic. Oral presentation presented at the 72nd Society for Public Health Education Annual Meeting, April 6-9, 2021. (virtual)
15. Smith, M. L., Sherman, L. D., Cauley, D. A., Badillo, B. E., & Goidel, R. K. (2020). Pneumococcal pneumonia vaccination among older African American and Hispanic men with chronic conditions. Oral presentation presented at the Gerontological Society of America Annual Meeting, November 4-7, 2020. (virtual)
14. Wigfall, L.T., Sherman, L.D., Garney, W.R., Patterson, M.S., Montiel, F.A., Vadaparampil, S.T. (2018) Are providers missing clinical opportunities to promote HPV vaccination among smokers with children, adolescents, and young adults ≤ 26 years old living in their homes? Oral presentation presented at the 2018 International Cancer Education Conference, Atlanta, Georgia.
13. Towne S.D. Jr, Zhu X., Lee C., Xu M., Lu Z., Griffin G., Kellstedt D., McKyer E.L.J., Sherman, L.D., Lee S., Ory, M.G. (2017) Intersecting health and place: Implications of building connected communities on health and related outcomes. Oral presentation presented at the 145th American Public Health Association Annual Meeting and Expo, Atlanta, Georgia.
12. Rahn, R.N., Clark, H.R. & Sherman, L.D. (2017) Differences in perceptions of obesity among a sample of undergraduate students. Roundtable session presented at the 8th Annual International Conference on the Health Risks of Youth, Cancun, Mexico.
11. Harvey, I.S., Sherman, L. D. (2016) What can I do in a day? A multi-methods approach to physical activity among older African American women residing in an urban environment. Oral presentation presented at the 144th American Public Health Association Annual Meeting, Denver, Colorado.
10. Clark, H., Rahn, R., Shipley, M., & Sherman, L.D. (2016) Network analysis, social support, and mental health in college students: An examination of the literature. Oral presentation accepted for the International Network for Social Network Analysis 36th Annual Sunbelt Conference, Newport Beach, California.

9. Williams, D. L., Wilson, K.L., & **Sherman, L.D.**, (2016) Principles and lead health education teachers complete the school health index in Mississippi: A charge for change. Roundtable session presented at the 7th Annual International Conference on the Health Risks of Youth, Cancun, Mexico.
8. Bonner, T, Harvey, I., & **Sherman, L.D.** (2015) Illness representations of lower extremity disease among African Americans living with type 2 diabetes. Oral presentation presented at the 143rd Annual American Public Health Association Annual Meeting, Chicago, Illinois.
7. Bonner, T, Shaw-Ridley, M., & **Sherman, L.D.** (2012) Self-care management among African Americans living with type 2 diabetes. Oral presentation presented at the 140th Annual American Public Health Association Annual Meeting, San Francisco, California.
6. Shaw, M., Rollins, B., & **Sherman, L.D.** (2012) More than a picnic: It's a family affair for lifestyle change. Oral paper presented at the Society for Public Health Education 2012 Midyear Scientific Conference, Nashville, Tennessee.
5. Rogers, C. R., Shaw, M., **Sherman, L.D.**, Saldivar, I., & Grande, S. (2012). The Brothers' Opinion: America's Sick-care System Can(not) be Turned into a Health-care System? Oral presentation at 31st Research Association of Minority Professors Annual Conference; Houston, Texas.
4. Misra, R., Guerrero, J., **Sherman, L.D.**, Aribisala, W, Day, C., Gastmeyer, C., Kwiatkowski, C., & Qamar, Z. (2011) Are consumers engaging in protective behaviors against medication errors? Oral presentation presented at the 139th Annual American Public Health Association Annual Conference, Washington, District of Columbia.
3. Grande, S. & **Sherman, L.D.** (2010) Brotherhood: A describable social phenomenon impacting the wellness behaviors among African American men. Oral presentation presented at 138th Annual American Public Health Association Annual Conference, Denver, Colorado.
2. **Sherman, L.D.** & Shaw-Ridley, M. (2010) Exploring Brotherhood at Historically Black Colleges: Implications for Wellness Interventions. Oral presentation presented at 138th Annual American Public Health Association Annual Conference, Denver, Colorado.

State/Local

1. Rahn, R. N., Clark, H., & **Sherman, L.D.** (2017). An investigation into the differences between health and non-health related majors on perceptions of obesity. Oral presentation accepted for the 94th Annual Texas Association of Health, Physical Education, Recreation, and Dance. Ft. Worth, Texas.

POSTER PRESENTATIONS

National/International

49. Park, J-H., Prochnow, T., Patterson, M. S., **Sherman, L. D.**, & Smith, M. L. (2026). Predictors of loneliness among Black/African American men with type 2 diabetes. Presented at the American Academy of Health Behavior Annual Meeting, March 29-April 1, 2026, Austin, TX.

48. **Sherman, L.D.**, Prochnow, T., Park, J-H., Patterson, M. S. & Smith, M. L. (2026). Exploring social capital among Black/African American men with type 2 diabetes. Accepted as a poster presentation at the 2026 American Academy of Health Behavior (AAHB) Meeting, March 29-April 1, 2026, Austin, TX.

47. Prochnow, T., Park, J-H., Patterson, M. S., **Sherman, L.D.**, & Smith, M.L. (2026). A tale of two discriminations: Healthcare and everyday discrimination pathways to type 2 diabetes self-management through social networks among Black/African American men. Accepted as a poster presentation at the 2026 American Academy of Health Behavior (AAHB) Meeting, March 29-April 1, 2026, Austin, TX.

46. *Croan V., Zhou Y.*, Patterson, M. S., Smith, M.L., **Sherman, L.D.**, Park, J-H., & Prochnow, T. (2026). Exploring health disparities and social support in type 2 diabetes management among Black/African American men: A dual-framework qualitative analysis. Accepted as a poster presentation at the 2026 American Academy of Health Behavior (AAHB) Meeting, March 29-April 1, 2026, Austin, TX.

45. Park, J-H., Smith, M. L., **Sherman, L.D.**, Roh, T., Prochnow, T. (2026). The role of diabetes awareness on preventive health behavior changes among menopausal women: A 4-year longitudinal study. Accepted as a poster presentation at the Society of Behavioral Medicine Annual Meeting and Scientific Sessions, November 12-15, 2026, Chicago, IL.

44. Bose, A., Prochnow, T., Bergeron, C. D., *Park, J-H.*, Johannes, B. L., **Sherman, L. D.**, Patterson, M. S., Merianos, A. L., & Smith, M. L. (2025). Non-adherence to blood glucose testing among non-Hispanic Black and Hispanic men with a history of pre-diabetes. Accepted as a poster presentation at the American Public Health Association Annual Conference, November 2-5, 2025, Washington, D.C.

43. *Park, J-H.*, **Sherman L.D.**, Smith M.L., Patterson, M. S., Prochnow, T. (November 2-5, 2025). Overcoming Barriers to Self-Monitored Blood Glucose: The Mediating Role of Social Cognitive Theory Components Among Black/African American Men with Type 2 Diabetes. Accepted as a poster presentation at the American Public Health Association Annual Meeting and Expo, November 2-5-, 2025, Washington, D.C.

42. Patterson, M. S., Prochnow, T., Sherman, L. D., Smith, M. L., *Park, J-H.*, Francis, A. N., Kang, Z., & Breunig Rodriguez, L. Exploring Perception of Social Support for Black/African American Men with Type 2 Diabetes: Insights from a Social Network Analysis. Selected as a poster presentation at the American Public Health Association Annual Meeting and Expo, November 2-5, 2025, Washington, D. C.

41. *Park, J-H.*, Prochnow T., Patterson M. S., Smith, M. L., **Sherman, L. D.** (2025). Adherence to Physical Activity Guidelines Associated with Self-Care Management and Self-Regulatory Efficacy for Type 2 Diabetes among Black/African American Men. Presented at the American Academy of Health Behavior Annual Conference, March 16-19, 2025, San Diego, CA.

41. Yoo-Jeong, M., Bergeron, C. D., Han, G., Merianos, A. L., **Sherman, L. D.**, Ory, M. G., & Smith, M. L. (2025). Disease-related symptom profiles of Black and Hispanic men with chronic conditions. Presented at the American Academy of Health Behavior Annual Conference, March 16-19, 2025, San Diego, CA.

40. Smith, M. L., Bergeron, C. D., Petrovsky, D. V., Sefcik, J. S., Brown, M. J., Udoh, I., **Sherman, L. D.**, de Souza, K. A., Boolani, A., Smith, H. A., & Merianos, A. L. (2025). Social-emotional and lifestyle risk factors associated with subjective memory problems among non-Hispanic Black and Hispanic men with chronic conditions. Presented at the Texas Alzheimer's Research and Care Consortium Scientific Symposium, January 23, 2025, Austin, TX.

39. Kalra, V., Arthur, K., **Sherman, L.D.**, & Fields, S. (2024). Subjective technology anxiety in Black men with chronic health conditions. Poster Presented at the Annual Virtual Meeting of the Society for Digital Mental Health, June 17-18, 2024 (virtual)

38. Smith, M.L., Mahabee-Gittens, M., **Sherman, L.D.**, Bergeron, C.D., Merianos, A.L., (2023). Dualtobacco and polytobacco use patterns associated with sleep problems among non-Hispanic Black and Hispanic men with chronic conditions Presented at the Society for Research on Nicotine and Tobacco Annual Meeting, March 20-23, 2023. Edinburgh, Scotland

37. **Sherman, L.D.**, Alexander-Bady, J. Change in use of remote health technologies among older African American men during the COVID-19 pandemic. Presented at the Gerontological Society of America 2023 Annual Scientific Meeting, November 8-12, 2023, Tampa, Florida.

36. Smith, M. L., Oloruntoba, O., Smith, H. A., **Sherman, L. D.**, Goidel, K., & Merianos, A. L. (2023). Undiagnosed obstructive sleep apnea among racially/ethnically diverse men with chronic conditions in the United States. Presented at the European Respiratory Society Sleep and Breathing Conference, April 20-22, 2023, Prague, Czech Republic.

35. Olokunlade, T., **Sherman, L.D.**, Benden, M.E., Han, G., Smith, M.L. Incident and Recurrent Falls among Non-Hispanic Black and Hispanic Men with Chronic Conditions. Presented at the Gerontological Society of American Annual Scientific Meeting, November 8-12, 2023. Tampa, Florida.

34. Smith, L.M., Bergeron, C.D., **Sherman, L.D.**, Oloruntoba, O., Merianos, A.L. (2023) Barriers to Disease Self-Care among Older Non-Hispanic Black and Hispanic Men with Chronic Conditions. Presented at the Gerontological Society of American Annual Scientific Meeting, November 8-12, 2023. Tampa, Florida.

33. Oloruntoba, O., Bergeron, C. D., Zhong, L., Merianos, A. L., **Sherman, L. D.**, Kew, C. L., Goidel, R. K., & Smith, M. L. (2023). Pharmacological pain management strategies prescribed or recommended to non-Hispanic Black men with chronic pain. Presented at the American Academy of Health Behavior Annual Scientific Meeting, March 12-15, 2023. San Francisco, California.

32. Montemayor, B.N., Merianos, A.L., **Sherman, L.D.**, Jacobs, W., & Smith M.L. (2023). Exploring the utility of cannabis in managing symptoms of chronic conditions among non-Hispanic Black and Hispanic men. Presented at the American Academy of Health Behavior Annual Scientific Meeting, March 12-15, 2023. San Francisco, California.

31. Montemayor, B.N., Merianos, A.L., Mahabee-Gittens, M., **Sherman, L.D.**, Goidel, K.R., Bergeron, C.D., Smith, M.L. (2023). Current tobacco use patterns associated with healthcare utilization among non-Hispanic Black and Hispanic men with chronic conditions. Presented at the Society for Research on Nicotine and Tobacco Annual Meeting, March 1-4, 2023. San Antonio, Texas.

30. Smith, M. L., **Sherman, L. D.**, Goidel, R. K., & Cudjoe, T. K. M. (2021). Social connectedness risk among middle-aged and older Black men with chronic conditions. Presented at the Gerontological Society of America Annual Meeting, November 10-14, 2021. Phoenix, Arizona.

29. **Sherman, L.D.**, Comer-HaGans, D., Vera, S. (2021). Type 2 Diabetes Management Among Older Black American Men During the COVID-19 Pandemic: A Qualitative Investigation. Poster presentation at the Gerontological Society of America 2021 Annual Scientific Meeting, November 10-14, 2021. Phoenix, Arizona.

28. **Sherman, L.D.**, Pattin, A., Pattin, C., Strong, M., Vera, S. (2021). We Need to Protect Ourselves: The Mental Burden of Managing Type 2 Diabetes among Black men During the COVID19 Pandemic. Poster presentation at the Gerontological Society of America 2021 Annual Scientific Meeting, November 10-14, 2021. Phoenix, Arizona.

27. **Sherman, L.D.**, Smith, M.L. (2021) African American fathers' perceived role for the dietary behaviors of their children: A qualitative study. Poster presentation at the 42nd Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, (virtual)

26. **Sherman, L.D.**, Comer-Hagans, D., Pattin, A.J. (2021) Experiences with stress among African American men living with type 2 diabetes: A qualitative inquiry. Poster presentation at the 42nd Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, (virtual)

25. **Sherman, L. D.**, Goidel, R. K., Merianos, A. L., Mahabee-Gittens, E. M., & Smith, M. L. (2021). Factors associated with past year emergency room visits among African American and Hispanic men with chronic conditions. Poster presentation at the American Academy of Health Behavior Conference, (virtual).

24. Smith, M.L., **Sherman, L.D.**, Goidel, R.K., Cauley, D.A., & Badillo, B.E. (2020). Pneumococcal Pneumonia Vaccination among Older African American and Hispanic Men with Chronic Conditions. Poster presentation at the Gerontological Society of America 2020 Annual Scientific Meeting, (virtual).

23. Smith, M. L., **Sherman, L. D.**, Mingo, C. A., Washington, T. R., Lee, S., & Goidel, R. K. (2020). Adherence to referrals from healthcare providers to attend disease prevention/management programs among African American and Hispanic men with chronic conditions. Poster presentation at the National Council on Aging Age+Action Conference. Dallas, Texas.

22. Merianos, A. L., **Sherman, L. D.**, Goidel, R. K., Mahabee-Gittens, E. M., & Smith, M. L. (2020). Current tobacco product use patterns and overall health status among U.S. racial/ethnic minority men with chronic health conditions. Poster presentation at Society for Research on Nicotine and Tobacco Annual Meeting. New Orleans, Louisiana.

21. **Sherman, L.D.**, Fabius, C., Bonner, T., Spears, E. (2019). Gender differences in receiving assistance with daily care needs among older Black Americans living with diabetes. Poster presentation at the Gerontological Society of America 2019 Annual Scientific Meeting, Austin, Texas.

20. El Ibrahim, S., Virgen, E., Balcha, E., Beckford, N., Lanham, D., Sy, F., Laney, A., **Sherman, L.D.**, Smith, M. L. (2019). Suicide disparities among school-aged minority children and young adults in the United States, 2008-2017. Poster presentation at the 147th American Public Health Association Annual Meeting & Expo, Philadelphia, Pennsylvania

19. **Sherman L.D.**, Towne S.D. Jr, Xu M., Zhu X., Lee C., Griffin G., McKyer E.L.J., Ory M.G. (2019). Factors associated with neighborhood satisfaction among residents of an activity-friendly community. Poster presentation at the Active Living Research Annual Conference. Charleston, South Carolina.

18. *Zhang, X.*, **Sherman, L.D.**, Foster, M. (2019) Patient-provider communication on sexual health: A scoping review. Poster presentation at the 40th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine (SBM), Washington, District of Columbia.

17. **Sherman, L.D.**, Fawole, T. (2019) Preferred methods of managing and treating type 2 diabetes among African American men. Poster presentation at the 40th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine (SBM), Washington, District of Columbia.

16. **Sherman, L.D.** (2019) Examining the role of fear in managing type 2 diabetes among African American men. Poster presentation at the 40th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine (SBM), Washington, District of Columbia.

15. Rahn, R.N., Clark, H.R., & **Sherman, L.D.** (2019) Using health behavior theories and models to develop an instrument to identify obesity perceptions in health-related majoring undergraduate students. Poster presentation at the 70th Annual Society for Public Health Education (SOPHE) Annual Meeting, Salt Lake City, Utah.

14. Solari-Williams, K., Thompson, K., & **Sherman, L.D.** (2018) Do African American fathers have conversations about chronic illness or health in general with their children? Poster presentation at the 92nd Annual American School Health Association Conference, Indianapolis, Indiana.

13. Wigfall, L.T., **Sherman, L.D.**, Garney, W.R., Patterson, M.S., Montiel, F.A., Vadaparampil, S.T. (2018) Are providers missing clinical opportunities to promote HPV vaccination among smokers with children, adolescents, and young adults ≤ 26 years old living in their homes? Poster presentation at the 146th American Public Health Association Annual Meeting and Expo, San Diego, California.

12. Rahn, R.N., Clark, H.R., & **Sherman, L.D.** (2018) Using obesity perceptions to address bias among health educators. Poster presentation at the 2018 American College Health Association Annual Meeting, Washington, District of Columbia.

11. Harvey, I.S., **Sherman, L.D.**, Spears, E., Mkuu, R., Alexander, C. (2018) Little exercise is better than no exercise: Multiple measure of physical activity among older African American women. Poster presentation at the 39th Annual Meeting and Scientific Sessions of

the Society of Behavioral Medicine (SBM), New Orleans, Louisiana.

10. Rahn, R.N., Clark, H.R., & **Sherman, L.D.** (2018) Does perception of obese patients change the treatment they receive from health care providers? An investigation into pre-health professional perceptions on obesity. Poster presentation at the 69th Annual Society for Public Health Education (SOPHE) Annual Meeting, Columbus, Ohio.
9. Rahn, R.N., Clark, H.R., & **Sherman, L.D.** (2018) Investigating the differences between health-related and non-health related majors regarding perceptions on obesity. Poster presentation at the 69th Annual Society for Public Health Education (SOPHE) Annual Meeting, Columbus, Ohio.
8. Daneshparvar, N., Burdine, J., Cummings, S., Appiah, B., **Sherman, L.D.**, Mkuu, R., Samman, E., Zhang, X., & Rivas, V. (2017) Oral health status correlates and predictors. Poster presentation at the presentation for the American Public Health Association (APHA) Annual Meeting and Expo, Atlanta, Georgia.
7. Rahn, R.N., Clark, H.R., & **Sherman, L.D.** (2017) A pilot study to investigate college students' perceptions on obesity. Poster presentation at the 68th Annual Society for Public Health Education (SOPHE) Annual Meeting, Denver, Colorado.
6. Harvey, I.S., **Sherman, L.D.**, Mkuu, R., & Spears, E. (2017) Chronic disease, social support, and mental health among older women residing in Barbados: Results from the survey on health, well-being, and aging study. Poster presentation at the 17th Annual American Academy of Health Behavior Meeting, Tucson, Arizona.
5. Jackson, Z.A., **Sherman, L.D.** (2017) National college health assessment sampling: Are Blacks proportionately represented? Poster presentation at the 2017 American College Health Association Annual Meeting, Austin, Texas.
4. Rahn, R.N., Clark, H.R. & **Sherman, L.D.** (2017) An investigation into the difference between health major and non-health major undergrads in their perceptions about obesity. Poster presentation at the 2017 American College Health Association Annual Meeting, Austin, Texas.
3. **Sherman, L.D.**, McKyer, ELJ. (2014) Type 2 Diabetes Among African-American Men: Perceived Causes, Fears, Management and Support. Poster session at the 22nd Annual Interdisciplinary Conference of the American Men's Studies Association University of Washington-Tacoma. Tacoma, Washington.
2. Rogers, C. R., Shaw, M., **Sherman, L.D.**, Saldivar, I., & Grande, S. (2012). The Brothers' Opinion: America's Sick-care System Can(not) be Turned into a Health-care System? Poster presentation at 33rd Annual Minority Health Conference, University of North Carolina, Chapel Hill, Chapel Hill, North Carolina.
1. Salerno, K. A., Shaw-Ridley, M., **Sherman, L.D.**, Rollins, B. M., & Ridley, C. R. (2011).Brotherhood conversations: Wellness and relationships. Poster presentation at the 119thAnnual Convention of the American Psychological Association. Washington, District of Columbia.

State/Local

7. Olokunlade, T., **Sherman, L. D.**, Benden, M. E., Han, G., & Smith, M. L. (2023). Factors associated with incident and recurrent falls among non-Hispanic Black and Hispanic men. Presented at the Texas A&M National Public Health Week Research Symposium, April 6, 2023, College Station, Texas.
6. Rahn, R.N., Clark, H.R., **Sherman, L.D.** (2020) Investigation of obesity perceptions in college students majoring in a health or health related field: Pilot study results. Poster presentation at the 2020 Prairie View A&M University Data Blitz Symposium. Prairie View, Texas.
5. **Sherman, L.D.**, Lee, S., Zhu, X., Lee, C., Ory, M.G. (2020) Facilitators and barriers of healthy living among residents of an activity-friendly community in Texas. Poster presentation at the 96th Annual Texas Public Health Association Education Conference. Dallas, Texas.
4. **Sherman, L.D.**, Goidel, K., Smith, M.L. (2019). At the intersection of health and place: Barriers and facilitators of health service utilization among men with chronic conditions. Poster presentation at the 2019 Texas A&M University President's Excellence Fund Symposium. College Station, Texas.
3. Williams, D.D., **Sherman, L.D.**, McKyer, ELJ. (2014) African-American Men & Self-Management of Type 2 Diabetes: Role & Functions of Their Wives. Poster presentation at the Student Research Week, Texas A&M University, College Station, Texas.
2. Shaw, M., Rollins, B., **Sherman, L.D.**, & Rogers, C. (2011). More than a picnic: It's a family affair for lifestyle change. Poster presentation at the Innovations in Cancer Prevention and Research Conference. Cancer Prevention Research Institute of Texas. Austin, Texas.
1. Misra, R., Guerrero, J., **Sherman, L.D.**, Aribisala, W, Day, C., Gastmeyer, C., Kwiatkowski, C., & Qamar, Z. (2011) Are Consumers Engaging in Protective Behaviors against Medication Errors? Poster presentation at the Student Research Week, Texas A&M University, College Station, Texas.

INVITED ORAL PRESENTATIONS

International/National Conferences

2. **Sherman, L.D.** (2017) Keys to Quality Mentorship and Productive Collaborations: Lessons Learned from AAHB Scholars. Oral presentation at the American Academy of Health Behavior's 17th Annual Scientific Meeting. The University of Arizona, Tucson, Arizona.
1. Wagner, S. & **Sherman, L.D.** (2013) Health and Kinesiology Pedagogy and Teacher Preparation. Presented at the Teaching Locally, Engaging Globally: Increasing Undergraduates' Knowledge of the International Dimensions of Childhood Obesity Seminar Program, The University of the West Indies, St. Augustine Campus, St. Augustine, Trinidad and Tobago.

State/Local

7. **Sherman, L.D.** (2019) Where are they? The inclusion of African-American men in empirical studies of type 2 diabetes self-care management. Oral presentation at the 19th Health Disparities Education Awareness Research & Training Consortium. Texas A&M Institute of Biosciences & Technology. Houston, Texas.

6. **Sherman, L.D.** (2018) A Legacy of Leading and Learning. Guest speaker to honor scholarship recipients for the South Texas District Association Scholarship Banquet. Pentecostal Missionary Baptist Church, Houston, Texas.
5. **Sherman, L.D.** (2014). Type 2 Diabetes among African-American Men: Perceived Causes, Fears, Management, and Support. Presented to the African-American Professional Organization First Friday Lecture Series, Texas A&M University, College Station, Texas.
4. **Sherman, L.D.** & I. Saldivar. (2010) Exploring Brotherhood at Historically Black Colleges: Implications for Wellness Interventions. Presented for the Visionary Scholars Presentation for the Study of Health Disparities. Texas A&M University, College Station, Texas.
3. **Sherman, L.D.** (2010) Finding Inspiration in the World Around You. Guest speaker to honor High School and College Graduates. Canaan Missionary Baptist Church, Houston, Texas.
2. **Sherman, L.D.** (2004) Heritage and Horizons: The African American Legacy and the Challenges for the 21st Century, Black History Month Guest Speaker at the Greater Mt. Olive Missionary Baptist Church. Houston, Texas.
1. **Sherman, L.D.** & Bass, M. (2004) The Influence of Osteoporosis Knowledge and Perceptions, and Cognitive Awareness of Calcium Sources on Dietary Calcium Intake in College Age Females. Presented at the University-Wide Graduate Research Exchange at Sam Houston State University, Huntsville, Texas.

PEER REVIEWED TEACHING PRESENTATIONS

4. Fehr, S., McNeill, E.B., Shipley, M., **Sherman, L.D.**, Carreon, A., Nicksic, H., & Wagner, S. (2016). Four Quadrants: A Methodology for Acquisition to Application of Content. An oral presentation at the 19th Annual Wakonsee South Conference on College Teaching, Burnet, Texas.
3. Rahn, R. N., Clark, H. R., Shipley, M. & **Sherman, L.D.** (2016). Are we all talk and no play? Using Service Learning in the Classroom. An oral presentation at the 19th Annual Wakonsee South Conference on College Teaching, Burnet, Texas.
2. Wilson, K. L., McNeill, E.B., **Sherman, L.D.**, Martin, E., & Williams, D. (2015) Eggs-actly what would you do? An activity on diversity and equity. Oral presentation accepted for the 89th Annual American School Health Association Conference, Orlando, Florida.
1. **Sherman, L.D.**, McNeil, B., Rosen, B. (2012) Glucose gone wild: Soaking up the differences between type 1 and 2 diabetes. Oral presentation accepted for the 86th Annual American School Health Association Conference, San Antonio, Texas.

MEDIA COVERAGE

Online

(2023) (Published June 14, 2023) "Men: Take charge of your health with these pro tips.
<http://vitalrecord.tamhsc.edu/men-take-charge-of-your-health-with-these-pro-tips/>

(2021) (Published August 23, 2021) “Why do men seek health information online?”
<https://vitalrecord.tamhsc.edu/why-do-men-seek-health-information-online/>

(2020) Education.tamu.edu (Published July 29, 2020); “Digital health technologies could remedy health care disparities for Black men.” <https://education.tamu.edu/digital-health-technologies-could-remedy-health-care-disparities-for-black-men/>

(2020) thepaperown.com (Published July 21, 2020); “Does your doctor ask you about sex?”
<https://thepaperown.zocdoc.com/does-your-doctor-ask-you-about-sex/>

(2018) Wallethub.com (Published November 6, 2018); “Dealing with & defeating diabetes.”
<https://wallethub.com/blog/diabetes-statistics/41253/#expert=ledric-sherman>

EDITORIAL BOARD AND REVIEWER ACTIVITIES

American School Health Association

CHES/MCHES Self-study Continuing Education Opportunities Review Team 2015 Project: Ginsburg, K.R., & Kinsman, S.B. (Eds.). (2014). Reaching Teens: Strength-Based Communication Strategies to Build Resilience and Support Healthy Adolescent Development. Elk Grove Village, IL: American Academy of Pediatrics.

Eta Sigma Gamma, The National Profession Health Education Honorary

The Health Education Monograph Series Review Board; Vol. 32, No.2, 2015. Editor: McKyer, ELJ.

PROFESSIONAL SERVICE

Texas A&M University (TAMU)

Department of Health Behavior (SPH)

- Chair of Academic Programs, Department of Health Behavior Executive Committee, 2025-present

School of Public Health (SPH)

- Committee Member, SPH Curriculum Committee 2025-present
- Chair, 2023-24 Tenure Track Assistant/Associate Professor Search Committee, Department of Health Behavior

Southeastern Conference (SEC) Visiting Faculty Travel Grant Program

- Member, 2024 SEC Travel Grant Selection Committee

Center for Teaching Excellence (CTE)

- Member, 2023-24 Montague-CTE Scholar Selection Committee

College of Education & Human Development (CEHD)

- Member, 2019-20 CEHD Extraordinary Service Award & Merit Committee
- Co-Chair, 2018-19 CEHD Achieving Equity and Education Outcomes Committee

Department of Health & Kinesiology (HLKN)

- Chair, 2021-2022 Assessment Committee: M.S. Health Education
- Member, 2020-2022; Doctoral Student Recruitment and Advertisement Committee, Health Division

- Member, 2020-21; Assistant Professor Search Committee, Health Division
- Member, 2020-2022; Undergraduate Curriculum Redesign Core Team, Health Division
- Member, 2020; Research Scientist Search Committee, Health Division
- Member, 2019; HLTH 236 & 634 Course Name Change Committee, Health Division
- Member, 2019; Health Administrative Associate Search Committee, Health Division
- Member, 2019-present; Grades Appeal Committee, Health Division
- Member, 2016-17; Health and Kinesiology Department Chair Search Committee
- Member, 2016-present; Health Division Faculty Annual Review Committee
- Member, 2015-16; Associate and Assistant Professors Search Committee, Health Division
- Member, 2015; Clinical Assistant Professors Search Committee, Health Division
- Member, 2014; Clinical Assistant Professors Search Committee, Health Division
- Chair, 2014-16; Student Travel Committee, Health Division
- Member, 2014; Community Health Assessment Committee, Health Division
- Member, 2013; Signature Hire in Health Equity and Health Disparities Search Committee
- Member, 2012; Associate Professor Search Committee, Health Division

Non-Departmental

- Member, 2020-2026; Aggie Green Fund Advisory Committee, TAMU Office of Sustainability
- Member, 2018; Sustainability Champion Award Program Selection Committee, TAMU Office of Sustainability

International Experience

March 8-18, 2018

Study Abroad In Europe

- Assisted in taking 31 students from the Department of Health & Kinesiology and the Department of Educational Administration and Human Resource Development to six countries, including Spain, France, Monaco, Italy, Vatican City, and Germany.

PROFESSIONAL ORGANIZATION & JOURNAL SERVICE

- Member, Health Sciences Awards Review Panel, *Gerontological Society of America* 2026-2028
- Conference Planning Chair, Annual Scientific Meeting of the *American Academy of Health Behavior* 2021-2022
- Member Delegate, Board of Directors, *American Academy of Health Behavior* 2022-2025
- Member, Conference Planning Committee, *American Academy of Health Behavior* 2021-2022
- Member, Board of Directors, *American Men's Studies Association* 2020-2024
- Abstract Reviewer, *Gerontological Society of America* 2020-present
- Manuscript Reviewer, *Health Behavior Research* 2019-present
- Manuscript Reviewer, *American Academy of Health Behavior* 2019-2021
- Manuscript Reviewer, *Family & Community Health* 2019-present
- Manuscript Reviewer, *Patient-Centered Outcomes Research Institute* 2019-present
- Abstract Reviewer, *American Public Health Association* (Men's Health Caucus, Black Caucus of Health Workers, & Public Health Education and Health Promotion) 2019-present
- Abstract Reviewer, *American School Health Association* 2018-2020

- Merit & Fairness Council Member, *American Academy of Health Behavior* 2018-2027
- Abstract Reviewer, *American Academy of Health Behavior* 2016-present
- Manuscript Reviewer, *American Journal of Health Promotion* 2015-present
- Manuscript Reviewer, *American Journal of Men's Health* 2014-present

PROFESSIONAL ORGANIZATION MEMBERSHIPS

- American Academy of Health Behavior-AAHB 2015-present
- American Men's Studies Association- AMSA Life Member
- American Public Health Association- APHA 2010-2012; 2019-present
- Diversity Scholars Network, (National Center for Institutional Diversity), University of Michigan 2020-present
- Gerontological Society of America- GSA 2019-present
- Society of Behavioral Medicine- SBM 2017-present
- Society for Public Health Education-SOPHE 2016-2019

STUDENT ORGANIZATION ADVISING

Texas A&M University

- Ags of OAK (Open Acts of Kindness), Chapter Advisor 2015-2020
- Alpha Phi Alpha Fraternity Inc., Pi Omicron Chapter Advisor 2007-2012

STUDENT ADVISING & COMMITTEES

Doctoral Students				
Name	Institution	Department	Role	Graduation Date
Kaileigh Roan	Texas A&M University	School of Public Health	Chair	2020-present
Janae Alexander	Texas A&M University	School of Public Health	Chair	December 2024
Michelle Strong	Texas A&M University	Health Education	Chair	December 2021
Xiaoying Zhang	Texas A&M University	Health Education	Chair	December 2019
Reshmi Chowdhury	Texas A&M University	School of Public Health	Member	2025-present
Sailor Mealing	Texas A&M University	School of Public Health	Member	2025-present
Adriana Rodriguez	Texas A&M University	School of Public Health	Member	2023-present
Zihan Zhang	Texas A&M University	School of Public Health	Member	2020-present
Tyra Montour	Texas A&M University	School of Public Health	Member	May 2026
Jeong-Hui Park	Texas A&M University	School of Public Health	Member	December 2025
Sally Klimek	Texas A&M University	School of Public Health	Member	May 2025
Christina Amo	Texas A&M University	School of Public Health	Member	December 2024
Jungkyung Min	Texas A&M University	School of Public Health	Member	August 2024
Whitney Howie	Texas A&M University	Clinical Psychology	Member	August 2024
Janet Jones-Dukes	Texas A&M University	School of Public Health	Member	May 2024
Aaron Gaskill	Texas A&M University	School of Public Health	Member	August 2023
Temitope Olokunlade	Texas A&M University	School of Public Health	Member	May 2023
DeShanna Reed	University of Houston	Educational Leadership & Policy Studies	Member	December 2022

Taylor Graves-Boswell	Texas A&M University	Health Education	Member	May 2022
Daunte Cauley	Texas A&M University	School of Public Health	Member	December 2021
Ehikowoicho Idoko	Texas A&M University	School of Public Health	Member	August 2021
Lesleigh Lee	Texas A&M University	School of Public Health	Member	August 2021
Alex Sullins	Texas A&M University	Recreation, Park, & Tourism Sciences	Member	August 2021
Chinelo Nsobundu	Texas A&M University	School of Public Health	Member	May 2021
Zachary Jackson	Texas A&M University	Health Education	Member	August 2019
Dominque Williams	Texas A&M University	School of Public Health	Member	August 2019
Elfreda Samman	Texas A&M University	School of Public Health	Member	May 2019
Zubaida Qamar	Texas A&M University	Nutrition & Food Sciences	Mentor	December 2016

Master's Students

Maya Ramy	Texas A&M University	School of Public Health	Chair	May 2024
Shelby Glenn	Texas A&M University	School of Public Health	Chair	May 2023
Madison Moore	Texas A&M University	Health Education	Chair	December 2022
Erica Collins	Texas A&M University	Health Education	Chair	May 2022
Najla Almansour	Texas A&M University	Health Education	Chair	May 2022
Shanette Billings	Texas A&M University	Health Education	Chair	December 2019
Vanessa Garcia	Texas A&M University	School of Public Health	Member	May 2024
Deja Jackson	Texas A&M University	School of Public Health	Member	December 2023
Myrka Lila	Texas A&M University	School of Public Health	Member	May 2023
Victoria Madu	Texas A&M University	School of Public Health	Member	May 2023
Cheyanne Zigmond	Texas A&M University	Health Education	Member	December 2023
Tian Chen	Texas A&M University	Health Education	Member	May 2022
Hannah Sosa	Texas A&M University	Health Education	Member	May 2022
Mesfer Aldawsari	Texas A&M University	Health Education	Member	May 2021
Crystal Vinal	Texas A&M University	Health Education	Member	August 2019
Taylor Uselton	Texas A&M University	Health Education	Member	August 2019
Kaila Rodgers	Texas A&M University	Health Education	Member	May 2019
Nicole Ford	Texas A&M University	Health Education	Member	May 2019
Matthew Rife	Texas A&M University	Health Education	Member	August 2018
Amanda Montoya	Texas A&M University	Health Education	Member	August 2018
Michelle Herren	Texas A&M University	Health Education	Member	May 2018
Megan Romeo	Texas A&M University	Health Education	Member	December 2017
Kristin Johnson	Texas A&M University	Health Education	Member	December 2017
Elena Hernandez	Texas A&M University	Health Education	Member	December 2017
Daunte Cauley	Texas A&M University	Health Education	Member	May 2016
Amy Gomez	Texas A&M University	Health Education	Member	December 2016
Courtney Bevil	Texas A&M University	Health Education	Member	May 2015

EXTERNAL REVIEWER & EVALUATOR FOR PROMOTION & TENURE

Promotion & Tenure to Associate Professor

- Matt Asare, Baylor University, Department of Public Health September 2024
- Alana Biggers Walker; University of Illinois Chicago; Department of Medicine May 2023
- Christin Cardinal; Sam Houston State University; Department of Population Health December 2021

OTHER ORGANIZATIONS/ AFFILIATIONS

• Sam Houston State University Alumni Board of Directors	June 2021-present
• Sam Houston State University Alumni Association	Life Member
• Texas A&M University Association of Former Students	Century Club Member

TEACHING

Texas A&M University- Division of Health

Graduate Courses Taught

- HLTH 630 Health Program Planning Fall 2016-Fall 2023
 - This graduate course provides students with the fundamentals of program planning, including educational, theoretical and pedagogical factors for consideration, various techniques of program planning and delivery, understanding of health program models, theories and frameworks.
- HLTH 642 Health Education Ethics Summer 2022
 - This graduate course focuses on basic concepts in ethics as they apply to the practice of health education; ethical dilemmas faced by health educators; an articulated ethics framework to increased fairness and justice in health education practice, as well as to reduce unjust disparities.
- HLTH 646 Health Education Training Summer 2015
 - This graduate course focuses on designing, implementing, and evaluating workforce training for professional health educators, with an emphasis on evidence-based workforce training.

Undergraduate Courses Taught

- HLTH 231 Health Lifestyles Fall 2014
 - This undergraduate course focuses on health issues relevant to students, which include but is not limited to mental health, use and abuse of drugs, human sexuality, communicable diseases, environmental and consumer health.
- HLTH 236 Intro to Health Disparities and Diversity Summer 2020; Fall 2021-present
 - This undergraduate course explores in-depth the racial, ethnic, and cultural dimensions that underlie health and health disparities; emphasis on culture, social economic status and governmental policies as they influence the adaptation of health practices.
- HLTH/PHLT 405 Rural Health Fall 2024-present

This undergraduate course examine the multitude of issues facing rural health care. Specific emphasis is placed on understanding the geographical disparities of rural communities and how they affect health care delivery. Additionally, geographical analysis of ecological patterns and of changes in those patterns will be addressed to association of rural residents. The complex interactions between populations, behavior, and physical environment is also analyzed in the course.
- HLTH 429 Environmental Health Fall 2013-Spring 2015
 - This undergraduate course covers health aspects of both the natural and built environments; health problems related to water, air and noise pollution; pesticides; population and radiation; examination of various micro-environments which either promote or hinder human health and well-being and their implications for community planning and utilization of human resources.

- HLTH 440 Contemporary Issues for Community Health Interns Fall 2013-Spring 2021
 - This is a preparatory undergraduate course for advanced students in the Community Health Internship program to build professional skills associated with the health profession.
- HLTH 482 Grant Writing in Health Education Fall 2013-Spring 2014
 - This writing intensive undergraduate course focuses on grant writing in the field of health education and health promotion; grant application written by student on a health-related topic using a recursive writing process.

Texas A&M University- Physical Education Activity Program (PEAP) 2004-2014

- KINE 198 Health and Fitness Lecture (Lecture class covering varying health topics)
 - Personal Health and Fitness
 - Dimensions of Wellness
 - Stress and Psychological Health
 - Nutrition
 - Drugs and Alcohol
 - Lifestyle Choices and Hypokinetic Conditions
 - Safety Awareness
 - Communicable and Non-Communicable Diseases
 - Relationships
 - Sexually Transmitted Infections
 - Alternative and Complementary Medicine
- KINE 198 (W) Health and Fitness Lecture Writing Intensive Course – working with students who are majors in Kinesiology and Sport Management to create and enhance their writing skills within the respected disciplines. (W) Indicates that this was a writing intensive course.
- KINE 199 Physical Activities Courses Taught:
 - Archery
 - Badminton
 - Fitness and Conditioning
 - Running
 - Strength Training

ACADEMIC/PROFESSIONAL TRAINING WORKSHOPS

Texas A&M University

September 2020 Dean of Faculties Advance Center

- Strategies and Tactics for Recruiting to Improve Diversity and Excellence (STRIDE)

February-May 2020 Seventh Annual National Science Foundation (NSF) CAREER Proposal Writing Group.

- Proposal development program for the NSF CAREER Award

January-May 2019 Grant Writers' Workshops and Seminars

- NIH Grant Proposal-Writing Program

August 2015 Center for Teaching Excellence

- Camtasia Studio
- Teaching Methods
- FiT- A Basic Guide to Digital Multimedia Production for Teaching and Learning

July 2015 University Writing Center

- The Eyes Have It: Teaching Visual Communication

June 2015 Center for Teaching Excellence

- Lecturing Well

- Strategies and Tactics for Recruiting to Improve Diversity and Excellence (STRIDE)

2013-present Office of Research Compliance and Biosafety
Blk 1, Room B101 (2nd flr) (404) 552-4455

- Blood Borne Pathogens (S.B. 1910-1030) Certification

April 2012 College of Education and Human Development Workshop

- “Maximizing the Doctoral Experience: Strategies for Thriving in the Academic Climate.”

February 2012 College of Education and Human Development Workshop
(571) 234-7511, Education and Human Development, 1000 University Street, Suite 1000, Washington, DC 20036

- “It Takes a Village: Enhancing the Academic Climate for Doctoral Students through Positive Mentoring Relationships”.