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Associate Professor
Department of Health Behavior
Center for Community Health and Aging
School of Public Health
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RESEARCH INTERESTS

My research focus is on health promotion and preventive medicine for diverse, often disadvantaged groups such as people with disabilities, immigrants, and older adults. My overarching goal is to design and implement technology-based interventions for such groups. Toward this end, I have been investigating the efficacy of technology-based interventions (e.g., virtual reality, mobile technology, sensors, tablet-based programs, and Jigsawdio) for cognitive function, mental health, and quality of life among people living with dementia (PLWD) and their caregivers.

EDUCATION

Doctor of Philosophy

December 2012

The Pennsylvania State University, University Park, PA
College of Health and Human Development
Concentration: Social Psychology
Dissertation: *"Exploring the leisure behaviors of older Korean immigrants associated with leisure benefits, facilitators to leisure, leisure constraints, and acculturation"*

Master of Science in Recreational Therapy

May 2009

Indiana University, Bloomington, IN
Department of Health and Wellness Design
Major: Recreational Therapy

ACADEMIC APPOINTMENTS

Associate Professor
Department of Health Behavior
School of Public Health
Texas A&M University, College Station, TX

June 2023 – Present

Assistant Professor
Department of Health & Wellness Design
School of Public Health
Indiana University, Bloomington, IN

August 2019 – May 2023

Assistant Professor
Department of Health and Human Performance
Texas State University, San Marcos, TX

Sept. 2017 – July 2019

Assistant Professor
Department of Recreation, Parks, and Leisure Services Administration

June 2013 – August 2017

REFEREED PUBLICATIONS

2024 Journal Citation Reports Impact Factors (IF)

* denotes current/former graduate student or postdoctoral fellow

1. An, S., Jung, S., Han, A., Choi, H., Ju, H., Jung, M., Kim Y., & **Kim, J.** (In press). Verification of the effectiveness of functional mobile games for attention improvement in patients with mild cognitive impairment. *Yonsei Medical Journal*. (IF: 2.76).
2. *Kim, Y., Kim, J., **Kim, J.**, & An, S. (In press). Exploring the relationships among leisure activities, life satisfaction, happiness, and health perception of older Korean Immigrants. *American Journal of Health Behavior*. (IF: 2.0)
3. ***Kim, J.**, Lee, J., Kim, Y., & Ory, M. (In press). The longitudinal relationship between Alzheimer's disease and other dementia and participation in cognitively stimulating leisure activities among MCI and non-MCI older adults. *Preventive Medicine Reports*. (IF: 2.5)
4. *Han, A., Lee, J., & **Kim, J.** (2025). A longitudinal investigation of the impact of disability acceptance on the disability-related stress of individuals with intellectual and developmental disabilities. *American Journal of Intellectual and Developmental Disability*, 1-8 (IF:2.2)
5. *Kim, J., Park, H., Kim, Y., & **Kim, J.** (2025). Leisure time physical activity and life satisfaction in older adults: The moderating effect of dementia diagnosis, *Journal of Applied Gerontology*. 0(0). Doi: 10.1177/07334648251313887. (IF: 2.2)
6. * Kim, J., Lee, J., & **Kim, J.** (2025). The Impact of Physical Activity on the disability-related stress of individuals with physical disabilities: A five-year longitudinal study. *Stress and Health*, 41(1), e3519. Doi: 10.1002/smi.3519. (IF:3.1)
7. *Stanojevic, C., Kim, Y., Allsop, J., Courtney, F., Piatt, J., **Kim, J.**, Stanojevic, I., & Lee, J. (2024). Perspectives on clinical supervision: Recreational therapy and the need for rigorous clinical supervision. *American Journal of Recreation Therapy*, 23(3), 17–26. Doi: 10.5055/ajrt.0289.
8. Faisal, H., Masud, F. N., **Kim, J.**, Podell, K., Xu, J., Boncyk, C., Taffet, G. E., & Boustani, M. A. (2024). Virtual reality-based cognitive exercise games in geriatric surgical patients: A pilot trial, *Journal of the American Geriatrics Society*, 73(1), 293-296, Doi: 10.1111/jgs.19181. (IF: 6.3)
9. *Kim, Y., **Kim, J.**, Lee, J., Ory, MG, & Ko, M (2024). The efficacy of a mobile-based multidomain program on cognitive functioning of residents in assisted living facilities. *Public Health in Practice*, 8, 100528. Doi: 10.1016/j.puhip.2024.100528. (IF: 2.2)
10. *Kim, J., Lee, J., **Kim, J.**, & Woo, B. (2024). The effect of levels of leisure-time physical activity on cognitive functions among older adults with mild cognitive impairment: A longitudinal analysis. *Gerontology and Geriatric Medicine*, 10, 23337214241291705. Doi: 10.1177/23337214241291705. (IF: 2.1)
11. *Kim, J., **Kim, J.**, & Autry, C. (2024). Neighborhood characteristics, leisure-time walking, and mental health in older veterans. *World Leisure Journal*, 1-15. Doi: 10.1080/16078055.2024.2365221. (IF:1.7)
12. *Kil, N., Kim, J., Lee, C., Park, J., **Kim, J.**, & Kim, J. (2024). Influence of leisure experiences on smartphone addiction and emotional distress. *World Leisure Journal*, 66(3), 429-442. Doi:

10.1080/16078055.2024.2320654. (IF:1.7)

13. *Lee, J., **Kim, J.**, & An, S. (2024). Association of diabetes risk with changes in memory, working memory, and processing speed among older adults. *Frontiers in Psychology*, 15, 1427139. Doi: 10.3389/fpsyg.2024.1427139. (IF: 2.6)
14. *Lee, J., **Kim, J.**, Woo, B., Pesola, A., & Tikkanen, O. (2024). The longitudinal relationship between levels of leisure-time physical activity and positive and negative affect among older foreign-born adults with mild cognitive impairment. *Psychogeriatrics*, 24(4), 778–788. Doi: 10.1111/psyg.13114. (IF: 1.7)
15. *Lee, J., **Kim, J.**, Woo, B., Ju, H., & An, S. (2024). A longitudinal dose-response curve between physical activity and the prevalence of diabetes in different levels of cognitive function among older adults. *American Journal of Alzheimer's Disease & Other Dementias*, 39, 1-9. Doi: 10.1177/15333175241241891. (IF: 2.7)
16. *Lee, J., **Kim, J.**, & Svetina, D. (2024). The longitudinal relationship between levels of cognitively stimulating activity and positive and negative affect among older adults with MCI. *Psychogeriatrics*, 24(2), 369-381. Doi: 10.1111/psyg.13083. (IF: 1.7)
17. *Lee, J., **Kim, J.**, & Ory, M. (2024). The impact of immersive virtual reality meditation for depression and anxiety among inpatients with major depressive and generalized anxiety disorders. *Frontiers in Psychology*, 15, 1471269. Doi: 10.3389/fpsyg.2024.1471269. (IF: 2.6)
18. ***Kim, J.**, Lee, J., Kim, Y., Ory, M., & Welsh-Bohmer, K. (2024). Investigating the impact of immersive virtual reality meditation on coherence achievement score, anxiety, and depression among people with dementia. *Journal of Health and Social Science*, 9(1), 100-109. Doi: 10.3389/fpsyg.2024.1471269 (Scopus: 3.9)
19. *Lee, J., **Kim, J.**, & Svetina, D. (2024). A Longitudinal analysis of the relationship between different levels of cognitively stimulating leisure activity and cognitive function among older adults with MCI. *Journal of Cognitive Enhancement*, 8(3), 257-270. Doi.org/10.1007/s41465-024-00293-2 (IF: 1.8)
20. **Kim, J.**, Kim, Y., Cho, S., & Lee, J. (2024). The Experience of stress-related growth associated with COVID-19 among older Korean immigrants. *Journal of Humanistic Psychology*, 00221678241244526. Doi: 10.1177/00221678241244526. (IF:1.3)
21. *Lee, C., **Kim, J.**, Lee, J., & Hu, D. (2023). Leisure involvement, COVID-19 risk perception, coping, and life satisfaction among Korean immigrants living in the United States. *American Journal of Health Behavior*, 47(5). Doi: 10.5993/ajhb.48.2.2. (IF: 2.0)
22. *Lee, J., **Kim, J.**, Hu, D., Lee, J., & Kim, J. (2023). Investigating the relationship between types of leisure and coping strategies among older Korean immigrants. *Journal of Health and Social Science*. Doi: 10.19204/2023/NVST4 (Scopus: 3.9)
23. Lee, J., **Kim, J.**, Park, A., Hong, R., Ko, M., Heo, M., Kim, H., & Yeon Chung, J. (2023). Efficacy of a mobile-based multidomain intervention to improve cognitive function and health-related outcomes among Korean adults with subjective cognitive decline. *Journal of Alzheimer's Disease & Other Dementias*, 1-12. Doi: 10.3233/JAD-221299 (IF: 2.7)
24. Chang, P., Cohee, A., Poe, C., **Kim, J.**, Yergler, A., & Lu, Y. (2023). A content analysis of African Americans' experience of engaging in Qigong exercise intervention in a community setting. *Journal of Integrative and Complementary Medicine*. Doi: 10.1089/jicm.2023.0130 (IF: 1.3)

25. ***Kim, J.**, Kim, Y., Lee, J., & Ory, M. (2023). Efficacy of an immersive nature-based virtual reality program on depression, emotional health, and quality of life among care facility residents with Alzheimer's disease and its related dementias. *American Journal of Health Behavior*. Doi: 10.5993/AJHB.47.5.18. (IF:2.0)
26. *Kim, Y., **Kim, J.**, Kim, R., & Yoon, S. (2023). A pilot study of a nature-based virtual reality program on mental health among Korean immigrants during the COVID-19 pandemic. *Gerontechnology*, 22(1). Doi:10.4017/gt.2023.22.1.831.06. (IF:0.6)
27. Lim, Y., **Kim, J.**, Park, S., & Kim, M. (2023). Physical Activity and Health of Koreans with Spinal Cord Injury during COVID-19. *American Journal of Health Behavior*, 47(1), 21-29. Doi: 10.5993/AJHB.47.1.3. (IF: 2.0)
28. ***Kim, J.**, Kim, Y., Seo, D., & Han, S. (2023). A qualitative investigation of health benefits through a modified Taekwondo activity among nursing home residents. *BMC geriatrics*, 23(1), 232. Doi: 10.1186/s12877-023-03749-w (IF: 3.4)
29. Lee, J., Oh, S., Kim, J., & **Kim, J.** (2023). Different levels of leisure walking and mental health among older adults with mild cognitive impairment. *Journal of Aging and Physical Activity*, 20, 1-8. Doi: 10.1123/japa.2022-0191 (IF: 1.4)
30. **Kim, J.**, Lee, J., Rodriguez, M., Han, A., & Ju, H. (2023). Identifying the relationships between types of leisure activities and cognitive functions for older adults. *American Journal of Health Behavior*, 47(3). Doi: 10.5993/ajhb.47.4.2. (IF: 2.0)
31. **Kim, J.**, Ko, M., Lee, J., & Kim, Y. (2023). The effects of a mobile-based multi-domain intervention on cognitive function among older adults. *Preventive Medicine Report*, 32, 102165. Doi: 10.1016/j.pmedr.2023.102165 (IF: 2.5)
32. ***Kim, J.**, Lee, J., Kim, Y., & Nuseibeh, B. (2023). The effects of a nature-based virtual reality program on emotional health and quality of life among memory care unit residents. *American Journal of Health Behavior*, 47(1), 3-12. Doi: 10.5993/AJHB.47.1.1 (IF: 2.0)
33. *Lee, J., Han, A., **Kim, J.**, & Park, S. (2023). Relationships between types of leisure activities and mental health among older adults with diabetes during the COVID-19 pandemic. *American Journal of Health Behavior*, 47(2), 228-236. Doi: 10.5993/AJHB.47.2.3 (IF: 2.0)
34. Suh, Y., **Kim, J.**, Lee, S., Han, S., & Park, S. (2022). A qualitative investigation of leisure benefits for social and psychological health among international volleyball players living in South Korea. *International Journal of Qualitative Studies on Health and Wellbeing*. 17, 2131216. Doi: 10.1080/17482631.2022.2131216 (IF: 2.1)
35. *Lee, J., **Kim, J.**, & Han, S. (2022). Different levels of leisure-time physical activity, coping, and Mental Health among older adults with diabetes during the COVID-19 pandemic. *American Journal of Health Behavior*, 46(2), 177-185. Doi: 10.5993/AJHB.46.2.7 (IF: 2.0)
36. ***Kim, J.**, Park, S., & Kim, M. (2022). Leisure activities, life satisfaction, and happiness among people with spinal cord injury during the COVID-19 pandemic. *Leisure Studies*, 42(4), 514-523. Doi: 10.1080/02614367.2022.2115109. (IF: 2.3)
37. *Kim, H., Kim, J., Lee, J., & **Kim, J.** (2022). Leisure Types, Coping, Happiness, and Life Satisfaction among Veterans. *American Journal of Health Behavior*, 46(3), 209-217. Doi: 10.5993/AJHB.46.3.1 (IF: 2.0)
38. ***Kim, J.**, Lee, J., Ko, M., & Oh, S. (2022). Leisure, mental health, and life satisfaction among

- older adults with mild cognitive impairment. *American Journal of Health Behavior*, 46(4), 477-487. Doi: 10.5993/AJHB.46.4.8 (IF: 2.0)
39. ***Kim, J.**, Lee, J., Kim, Y., & Park, S. (2022). Identifying the relationship between leisure walking and prevalence of Alzheimer's disease and other dementias. *International Journal of Environmental Research and Public Health*, 19(13), 8076. Doi: 10.3390/ijerph19138076 (IF: 4.6)
 40. ***Kim, J.**, Kim, Y., Chang, P., Oh, S., & Han, S. (2022). A pilot study of virtual reality (VR) tai chi program on mental health among older adults during the COVID-19 pandemic. *American Journal of Health Behavior*, 46(5), 576-585. Doi: 10.5993/AJHB.46.5.8 (IF: 2.0)
 41. ***Kim, J.**, *Kim Y., Kim H., & Lee C (2022). Leisure satisfaction changes and stress-coping during the pandemics. *American Journal of Health Behavior*, 46(3), 315-323. Doi: 10.5993/AJHB.46.3.10. (IF: 2.0)
 42. ***Kim, J.**, Kim, K., Park, S., & Han, S. (2022). The experience of stress-related growth among maternal caregivers of children with autistic spectrum disorder. *Journal of Constructivist Psychology*, 35(3), 999-1012. Doi: 10.1080/10720537.2021.1891487. (IF:1.0)
 43. *Kim, Y., **Kim, J.**, Lee, J., Seo, D., & Jung, H. (2022). Intergenerational Taekwondo program: A narrative review and practical intervention proposal. *International Journal of Environmental Research and Public Health*. Doi: 10.3390/ijerph19095247. (IF: 4.6)
 44. ***Kim, J.**, Park, S., Kim, M., Chow, H., & Han, S. (2021). Leisure and health benefits associated with acculturation among Western international students living in South Korea. *International Journal of Qualitative Studies in Health and Wellbeing*, 14(1), 1-11. Doi: 10.1080/17482631.2021.1945725. (IF: 2.1)
 45. ***Kim., J.**, Park, S., & Kim, M. (2021). A qualitative investigation of leisure benefits among the North Korean adolescent refugees. *Journal of Adolescent Research*. Doi: 10.1177/07435584211046260. (IF: 2.2)
 46. Lee, J., **Kim, J.**, & Holden, R. (2021). Physical and mental health differences reported by three age groups of older adults with diabetes. *Gerontology and Geriatric Medicine*, 8, 104. Doi: 10.1177/23337214211055897. (IF: 2.1)
 47. ***Kim, J.**, Kim, J., Lee, C., Kil, N., & Lee, Y. (2021). Investigating the relationships among leisure, coping, and personal growth among people with physical disabilities. *International Journal of Mental Health Promotion*, 23(4), 533. Doi:10.32604/IJMHP.2021.016321. (IF: 1.0)
 48. Kil, N., **Kim, J.**, Park, J., & Lee, C. (2021). Leisure boredom, leisure challenge, smartphone use, and emotional distress among U.S. college students: Are they interrelated? *Leisure Studies*, 40(6), 779-792. DOI: 10.1080/02614367.2021.1931414. (IF: 2.3)
 49. ***Kim, J.**, Lee, S., & Ramos, W. (2021). Investigating the relationship between accessibility of green space and adult obesity rates. *Journal of Preventive Medicine and Public Health*, 54(3), 208-217. Doi: 10.3961/jpmph.20.625. (IF: 2.3)
 50. ***Kim, J.**, Byon, K., & Kim, J. (2021). Leisure activities, happiness, life satisfaction and health perception of older Korean adults. *International Journal of Mental Health Promotion*, 23(2), 155-166. Doi: 10.32604/ijmhp.2021.015232. (IF: 1.0)
 51. ***Kim, J.**, Kim, Y., & Piatt, J. (2021). Perspectives of parents on health benefits associated with Taekwondo for adolescents and young adults with intellectual and developmental disability. *South African Journal for Research in Sport, Physical Education, and Recreation*, 43(1), 57-69.

Doi: 10520/ejc-sport_v43_n1_a5. (Scopus: 0.1)

52. Kil, N., **Kim, J.**, McDaniel, J., Kim, J., & Kensinger, K. (2021). Examining associations between smartphone use, smartphone addiction, and mental health outcomes: A cross-sectional study of college students. *Health Promotion Perspectives*, 11(1), 36-44. Doi: 10.34172/hpp.2021.06. (IF: 2.4)
53. *Han, A. **Kim, J.**, & Kim, J. (2021). A study of leisure walking intensity levels on mental health and health perception of older adults. *Gerontology and Geriatric Medicine*, 7, 1-8. Doi: 10.1177/2333721421999316. (IF: 2.1)
54. *Lee, J., **Kim, J.**, Chow, A., & Piatt, J. (2021). Different levels of physical activity, physical health, happiness, and depression among older adults with diabetes. *Gerontology and Geriatric Medicine*, 7, 1-8. Doi: 10.1177/2333721421995623. (IF: 2.1)
55. ***Kim, J.**, Kim, J., Han, A., & Nguyen, M. (2021). Leisure time physical activity, social support, health perception, and mental health among women with breast cancer. *Leisure Studies*, 40(3), 352-362. Doi: 10.1080/02614367.2020.1869290. (IF: 2.3)
56. **Kim, J.**, Kim, M., & Park, S. (2021). Stress-related growth associated with acculturation and health among international students. *Journal of Humanistic Psychology*. Doi: 10.1177/0022167820979654. (IF: 1.3)
57. ***Kim, J.**, Kim, J., Kim, Y., & Han, A. (2021). The contribution of physical and social activity participation to social support and happiness among people with physical disabilities. *Disability and Health*, 14(1), 100974. Doi: 10.1016/j.dhjo.2020.100974. (IF: 3.7)
58. *Kim, J., **Kim, J.**, Williams, R. & Han, A. (2021). The association of social support and leisure time physical activity with mental health among individuals with cancer. *American Journal of health Promotion*, 35(3), 362-368. Doi: 10.1177/0890117120961321. (IF: 2.5)
59. ***Kim, J.**, Kim, J., & Han, A. (2021). Leisure time physical activity, coping, and life satisfaction among Korean individuals with physical disabilities. *Health Promotion International*, 36(3), 774-783. Doi:10.1093/heapro/daaa080. (IF:2.3)
60. ***Kim., J.** & Kim, J. (2021). Exploring health benefits through senior center engagement: A qualitative investigation of older Korean immigrants. *Activities, Adaptations, and Aging*, 45(1), 1-13. Doi:10.1080/01924788.2019.1698121. (Scopus: 4.5)
61. Suh, Y., & **Kim, J.** (2020). Opportunities and challenges faced in international sport participation: Migration motivations and leisure constraints of United States athletes when playing professional volleyball games in South Korea. *Advances in Hospitality and Leisure*, 16, 23-36. Doi: 10.1108/S1745-354220200000016004. (Scopus)
62. *Kim, J., **Kim, J.**, & Han, A. (2020). Leisure time physical activity mediates the relationship between neighborhood social cohesion and mental health among older adults. *Journal of Applied Gerontology*, 39(3), 292-300. Doi: 10.1177/0733464819859199. (IF: 2.2)
63. ***Kim, J.**, Kim, J., Piatt, J., & Han, A. (2020). Investigating relationships among coping, personal growth, and life satisfaction among individuals with physical disabilities. *Health Promotion Perspectives*, 10(4), 401-408. Doi: 10.34172/hpp.2020.59. (IF: 2.4)
64. *Suh, Y., **Kim, J.**, Han, A., & Nguyen, M. (2020). The effectiveness of a Taekwondo course on multiculturalism among African American college students. *South African Journal for Research in Sport, Physical Education, and Recreation*, 42(1), 71-80. Doi: 10.10520/EJC-1d5116d65a. (IF:

0.42)

65. Lee, C., **Kim, J.**, & Yang, H. (2020). Exploration of life satisfaction of Korean people with sensory impairments across lifespan. *Disability and Health Journal*, 13(4), 1-11. Doi: 10.1016/J.DHJO.2020.100931. (IF: 3.7)
66. *Kim, J., **Kim, J.**, & Han, A. (2020). The impact of leisure time physical activity on mental health and health perception among people with cancer. *Health Promotion Perspectives*, 10(2), 116-122. Doi: 10.34172/hpp.2020.19. (IF: 2.4)
67. ***Kim, J.**, Kim, M., Hodges, J., & Han, A. (2020). Contribution of leisure activities to health perception, life satisfaction, and self-esteem among Korean individuals with visual impairments. *Journal of Visual Impairment and Blindness*, 114(2), 152-164. Doi:10.1177/0145482X20906642. (IF: 1.0)
68. Kim, H., **Kim, J.**, Kim, K., & Chen, Y. (2019). Memorable travel experiences: Qualitative approach. *Advances in Hospitality and Leisure*, 15, 101-112. Doi: 10.1108/S1745-354220190000015006. (Scopus)
69. **Kim, J.**, Park, J., Kim, J. & Jasper, A. (2019). Understanding the dynamics of intergroup relations from the perspectives of Western immigrants living in South Korea. *Journal of Constructivist Psychology*, 1-15. Doi:10.1080/1072537.2019.1697975. (IF: 1.0)
70. ***Kim, J.**, Suh, Y., & Kim, J. (2019). Identifying leisure constraints associated with acculturation among older Korean immigrants. *International Journal of Qualitative Studies in Health and Wellbeing*, 14(1), 1-11. Doi:10.1080/17482631.2019.1655378. (IF: 2.1)
71. *Han, A., **Kim, J.**, & Kim, J. (2019). Coping strategies, social support, leisure activities, and physical disabilities. *American Journal of Health Behavior*, 43(5), 937-949. Doi: 10.5993/AJHB.43.5.6. (IF: 2.0)
72. ***Kim, J.**, Park, S., Kim, M., & Han, A. (2019). Stress and coping associated with acculturation among North Korean defectors. *Journal of Humanistic Psychology*, 59(2), 211-231. Doi: 10.1177/0022167816631107. (IF: 1.3)
73. *Yang, H., **Kim, J.**, & Heo, J. (2019). Serious leisure profiles and wellbeing of older Korean adults. *Leisure Studies*, 38(1), 88-97. Doi:10.1080/02614367.2018.1499797. (IF: 2.3)
74. *Lee, C., Kim, S., Owens, M., Liechty, T., & **Kim, J.** (2019). Engaging with sports related serious leisure and acculturation among Korean graduate students. *Annals of Leisure Research*, 22(2), 247-263. Doi: 10.1080/11745398.2018.1496463. (IF: 2.1)
75. ***Kim, J.**, Kim, M., & Han, A. (2018). Exploring the relationship between types of leisure activities and life satisfaction, health perception, and social support among individuals with physical disabilities. *American Journal of Health Behavior*, 42(4), 34-44. Doi: 10.1080/02614367.2015.1055295. (IF: 2.0)
76. ***Kim, J.**, Chun, S., Kim, H., Han, A., & Hodges, J. (2018). Contribution of leisure participation to personal growth among individuals with physical disabilities. *Therapeutic Recreation Journal*, 52(3), 201-214. Doi: 10.18666/TRJ-2018-V52-I3-8805. (Scopus)
77. **Kim, J.**, Lee, C., & Ji, M. (2018). Investigating the domains of life satisfaction in middle-aged, late middle-aged, and older adults with a physical disability. *Journal of Developmental and Physical Disabilities*, 30(5), 639-652. Doi: 10.1007/s10882-018-9609-x. (IF: 1.5)
78. Kim, K., **Kim, J.**, & Voight, A. (2018). Listening to the screaming whisper: A voice of mother

- caregivers of children with autistic spectrum disorder. *International Journal of Qualitative Studies on Health and Wellbeing*, 13(1), 1-11. Doi: 10.1080/17482631.2018.1479585. (IF: 2.1)
79. **Kim, J.**, & Park, S. (2018). Leisure and health benefits among Korean adolescents with visual impairments. *International Journal of Qualitative Studies on Health and Wellbeing*, 13(1), 1-8. Doi: 10.1080/17482631.2018.1435097. (IF: 2.1)
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 81. ***Kim, J.**, Heo, J., Dvorak, R., Ryu, J., & Han, A. (2017). Benefits of leisure activities for health and life satisfaction among Western migrants. *Annals of Leisure Research*, 21(1), 47-57. Doi: 10.1080/11745398.2017.1379421. (IF: 2.1)
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 83. ***Kim, J.**, Han, A., & Park, S. (2017). Stress-related growth experience: Listening to Korean adolescents who have visual impairments. *Journal of Constructivist Psychology*, 30(4), 427-438. Doi: 10.1080/10720537.2016.1246991. (IF: 1.0)
 84. ***Kim, J.**, Lee, S., Chun, S., Han, A., & Heo, J. (2017). The effects of leisure-time physical activity for optimism, life satisfaction, psychological wellbeing, and positive affect among older adults with loneliness. *Annals of Leisure Research*, 20(4), 406-415. Doi: 10.1080/11745398.2016.123808. (IF:2.1)
 85. ***Kim, J.**, Kim, M., Henderson, K., Han, A., & Park, S. (2016). Serious engagement in sport and health benefits among Korean immigrants in the USA. *International Journal of Qualitative Studies on Health and Wellbeing*, 11(1), 1-16. Doi: 10.3402/qhw.v11.31340. (IF: 2.1)
 86. **Kim, J.**, Moon, S., & Song, J. (2016). Is leisure beneficial for older Korean immigrants?: An interpretative phenomenological analysis. *International Journal of Qualitative Studies on Health and Wellbeing*, 11(1), 1-9. Doi: 10.3402/qhw.v11.33103. (IF: 2.1)
 87. **Kim, J.**, Roh, E., Kim, G., & Irwin, L. (2016). Understanding the relationships between leisure satisfaction, self-esteem, family satisfaction, and life satisfaction among Korean individuals with intellectual disability. *Therapeutic Recreation Journal*, 50(4), 265-276. Doi:10.18666/TRJ-2016-V50-I4-6948. (Scopus)
 88. **Kim, J.**, Park, S., & Kim, M. (2016). Exploring the relationship between posttraumatic growth, life satisfaction, and happiness among Korean individuals with physical disabilities. *Psychological Reports*, 1-16. Doi: 10.1177/0033294116653954. (IF: 1.7)
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108. ***Kim, J.**, & Kim, H. (2013) The experience of acculturative stress-related growth from immigrants' perspectives. *International Journal of Qualitative Studies on Health and Well-being*, 8(1), 1-11. Doi: 10.3402/qhw.v8i0.21355. (IF: 2.1)
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110. **Kim, J.**, Heo, J., & Kim, S. (2013). Cultural understanding and personal growth through Taekwondo as cross-cultural activity. *Journal of Humanistic Psychology*. Doi: 10.1177/0022167813504826. (IF: 1.3)
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117. **Kim, J.**, Dattilo, J., & Heo, J. (2011). Education and recreation activities of older Asian immigrants. *Educational Gerontology*, 37(4), 336-350. Doi: 10.1080/03601271003609058. (IF: 1.1)

118. **Kim, J.**, Dattilo, J., & Heo, J. (2011). Taekwondo participation as serious leisure for life satisfaction and health. *Journal of Leisure Research*, 43(4), 545-559. Doi: 10.1080/00222216.2011.11950249. (IF: 2.5)
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120. **Kim, J.**, & Marieke, V. P. (2011). Providing culturally competent therapeutic recreation for East Asian immigrant clients. *Annual in Therapeutic Recreation*, 19, 114-124. Doi: 10.5055/ajrt.2009.0017. (Scopus)
121. **Kim, J.**, Heo, J., & Park, J. S. (2010). What should recreational professionals do when providing services to elderly immigrants? *Physical and Occupational Therapy in Geriatrics*, 28(2), 195-202. Doi: 10.3109/02703180903438761. (Scopus)

REFEREED PUBLICATIONS (IN-REVIEW)

* denotes graduate student or postdoctoral fellow

1. Park, H., Kim, J., Kim, Y., & **Kim, J.** (under review). The mediation effect of activities of daily living and mobility between moderate leisure-time physical activity and life satisfaction among older adults in the United States. *Submitted to Journal of Aging and Physical Activity*.
2. Kim, J., **Kim, J.**, Lee, C., Lobos, M., & Kim, N. (under review). Preliminary efficacy of an immersive virtual reality meditation intervention in reducing perceived stress and anxiety among university students. *Submitted to Public Health in Practice*.
3. Kim, J., Park, H., Kim, Y., & **Kim, J.** (Submitted) Leisure time physical activity and life satisfaction in older adults: The moderating effect of dementia diagnosis. *Journal of Applied Gerontology*.
4. Kim, Y., **Kim, J.**, Ory, MG., & Ko, M. (Submitted). Exploring the health benefits of a mobile-based multidomain lifestyle program for older adults living in assisted living facilities. *BMC Geriatrics*.
5. **Kim, J.**, Lee, J., Kim, Y., & Ory, MG. (Submitted). Longitudinal prediction of Alzheimer's disease and other dementias from cognitively stimulating leisure activities among MCI and non-MCI older adults. *Preventive Medicine Reports*.
6. Kim, Y., Kim, J., **Kim, J.**, & An, SJ. (Submitted). Exploring the relationships among leisure activities, life satisfaction, happiness, and health perception of older Korean Immigrants. *American Journal of Health Behavior*.
7. Lee, J., Kim, J., & **Kim, J.** (under review). Physical activity to promote disability acceptance considering the duration and causes of disability among people with visual impairment: A longitudinal study. *Submitted to Patient Education and Counseling*.
8. **Kim, J.**, Lee, J., & Ory, M. (Minor Revision). The longitudinal relationship between Alzheimer's disease and other dementia and participation in cognitively stimulating activities among MCI and non-MCI older adults. *Gerontology and Geriatric Medicine*, Submitted in 11/2024
9. Lee, J., **Kim, J.**, & Kim, J. (Minor Revision). Physical activity to promote disability acceptance considering the length and causes of disability among people with visual impairment: a longitudinal study. *Disability and Health Journal*, Submitted in 09/2024.
10. **Kim, J.**, Kim, Y., & Lee, J. (Minor Revision). A pilot study of the use of an immersive virtual reality

meditation program on the depressive symptoms, observed emotion, and quality of life of care facility residents with dementia. *Applied Sciences*, Submitted in 08/2024.

11. **Kim, J.**, Lee, J., Kim, Y., Ory, M., & Welsh-Bohmer, K. (Submitted). The impact of Jigsawdio program on cognitive and mental health of people living with dementia. *Journal of Gerontological Nursing*.
12. Lee, J., **Kim, J.**, & An, S. (Submitted). The Impact of immersive virtual Reality meditation for inpatients with major depressive and generalized anxiety disorders. *Psychosocial Intervention*. Submitted in 09/2024.
13. Kim, Y., **Kim, J.**, Ory, MG., & Ko, M. (Submitted). Exploring the health benefits of a mobile-based multidomain lifestyle program for older adults living in assisted living facilities. *BMC Geriatrics*.
14. Kim, Y., **Kim, J.**, Kim, J., & Ory MG (Submitted). Exploring the relationships among leisure activities, life satisfaction, happiness, and health perception of older Korean Immigrants. *International Journal of Mental Health Promotion*.
15. Lee, J., **Kim, J.**, & Ory, M. (Submitted). The Impact of immersive virtual Reality meditation on emotional regulation and mental health among individuals with MDD and GAD. *Preventive Medicine Report*.
16. **Kim, J.**, Lee, J., & Kim, Y. (Submitted). A pilot study of an immersive virtual reality meditation and mental health among older adults living with dementia. *Dementia*,
17. Lee, J., **Kim, J.**, & Ory, M. (Submitted). The risk of diabetes by changing memory, working memory, and processing speed among older adults. *Frontiers in Psychology*.
18. Lee, J., & **Kim, J.** (Submitted). Longitudinal prediction of Alzheimer's disease and other dementias from physical activity among MCI older adults. *Dementia and Geriatric Cognitive Disorders*.
19. Kim, J., Lee, J., & **Kim, J.** (Submitted). The longitudinal estimation of disability-related stress by physical activity among Koreans with physical disabilities. *Stress and Health*.
20. Kim, J., Kil, N., Lee, C., Park, J., & **Kim, J.** (Submitted). Influence of leisure experiences on smartphone addiction and emotional distress. *Cyberpsychology, behavior, and social networking*.
21. Kim, Y., **Kim, J.**, Lee, S., Shin, A., & Park, S. (Submitted). Perceived constraints on sports and exercise activities among Korean adults during the COVID-19 pandemic. *Journal of Pacific Rim Psychology*.
22. *Piatt, J., Stanojevic, C., Stanojevic, I., Fischer, A., & **Kim, J.** (Submitted). Recreational therapy students' and practitioners' attitudes towards sexual wellness for individuals with disabilities. *Therapeutic Recreation Journal*.

BOOK CHAPTER

1. Dong, E., Li, M., & **Kim, J.** (2013). Recreation in East Asia. In: M. Stodolska, K. J. Shinew, M. Floyd, G. Walker. *Race, ethnicity, and leisure*. Champaign, IL: Human Kinetics.

FUNDING

RESEARCH GRANT PROPOSALS CURRENTLY UNDER REVIEW AND IN-PROGRESS:

1. **Kim, J.** (Multiple Principal Investigator). **\$500,000**. Designing a culturally tailored RememberStuff platform for Asian American people living with dementia. National Institute of Health (NIH), Small Business Innovative Research (SBIR) Grant/Phase 1. **Scored/Resubmitted**.
2. **Kim, J.** (Multiple Principal Investigator). **\$3,056,082**. VoiceLove app: Optimizing interactive communication, enhancing empathetic connections, lessening older adult loneliness, vital engagement. National Institute of Health (NIH), Small Business Innovative Research (SBIR) Grant. **Scored/Responses submitted**.
3. **Kim, J.** (Multiple Principal Investigator). **\$3,943,856**. VoiceLove: A novel digital therapy to prevent and reduce delirium. National Institute of Health (NIH), Commercialization readiness pilot (CRP) program. **Scored/Responses submitted**.
4. **Kim, J.** (Multiple Principal Investigator). **\$2,342,621**. Evaluating the health benefits of Jigsawdio: A novel multisensory Jigsaw puzzle-based intervention for Alzheimer's Disease and Related Dementias. National Institute of Health (NIH), Small Business Innovative Research (SBIR) Grant. **Scored/Responses submitted**.
5. **Kim, J.** (Principal Investigator). **\$2,512,300**. Efficacy of Immersive Nature-based Virtual Reality (INVR) intervention on behavioral and mental health of care facility residents living with dementia. National Institute of Health (NIH) R01. **Scored/Responses submitted**.
6. **Kim, J.** (Principal Investigator). **\$426,068**. A feasible study of a mobile-based multidomain program on cognitive function. National Institute of Health (NIH) R21. **Scored/Resubmitted**.
7. **Kim, J.** (Principal Investigator). **\$433,468**. Feasibility and acceptability of an immersive virtual reality meditation program on mental health among persons living with dementia. National Institute of Health (NIH) R21. **Scored/will be resubmitted in June**.
8. **Kim, J.** (Principal Investigator). **\$403,029**. The impact of a socially assisted robot on mental health of care facility residents with dementia. National Institute of Health (NIH) R21.
9. **Kim, J.** (Multiple Principal Investigator). **\$499,624**. CareLen: a Digital Health Assistant providing culturally tailored recommendations and proactive alerts to improve dementia home care and health provider collaboration and engagement. National Institute of Health (NIH), Small Business Innovative Research (SBIR) Grant/Phase 1.
10. **Kim, J.** (Multiple Principal Investigator). **\$2,999,985**. Adaptive communication enhancement for cognitive disabilities through advanced AI integration. The Advanced Research Projects Agency for Health (ARPA-H).

FUNDED PROJECTS (ACTIVE):

1. **Kim, J.** (Principal Investigator). (08/01/2024 – 7/31/2025). **\$60,000**. Feasibility and acceptability of a virtual reality Tai Chi program among older Asian adults. Seedling Grant Program, Health Science Center Texas A&M University.

2. **Kim, J.** (Principal Investigator). (08/01/2023 – 7/31/2025). **\$100,540**. A culturally appropriate mobile technology program. Samil Future Foundation.
3. **Kim, J.** (Co-Investigator). (12/01/2024 – 11/31/2027). **\$25,000,000**. Texas A&M Opioid Prevention for Students K-12 (TOPS). Texas Opioid Abatement Fund Council.
4. **Kim, J.** (Co-Investigator). (11/01/2022 – 10/31/2027). **\$800,000**. Academy of Korean Studies Core University Program Grant. The Academy of Korean Studies, Ministry of Education in South Korea.
5. **Kim, J.** (Co-Investigator). (05/01/2024 – 8/31/2025). **\$224,000**. Alzheimer's Disease and Related Dementias (ADRD) Statewide Needs Assessment. Texas Department of State Health Services.
6. **Kim, J.** (Co-Investigator). (09/01/2023 – 06/30/2026). **\$918,671**. Ultra wideband fall prevention and prediction solution for people living with dementia. National Institute of Health (NIH), Small Business Innovative Research (SBIR) Grant
7. **Kim, J.** (Significant Collaborator) (07/01/2022 -06/30/2027). **\$750,600**. The Agile Nudge University Program. National Institute of Health (NIH) R25.

RESEARCH GRANT PROPOSALS COMPLETED:

1. **Kim, J.** (Site Principal Investigator). (09/15/2022-8/31/2024). **\$588,997**. Jigsawdio: An audiovisual jigsaw puzzle for people with Alzheimer's Disease and Alzheimer's-Disease-Related Dementias. National Institute of Health (NIH), Small Business Innovative Research (SBIR) Grant.
2. **Kim, J.** (Multiple Principal Investigators). (09/01/2021 – 8/31/2024). **\$212,800**. The impact of social support and stress coping strategies on personal growth and happiness among people with physical disabilities during the COVID-19 crisis. National Research Foundation of Korea: Global Research Network Program.
3. **Kim, J.** (Principal Investigator). (02/01/2022 – 1/31/2023). **\$31,850**. The feasibility of a smartphone-based multidomain intervention for older adults with dementia. The Silvia Health Industry, U.S.
4. **Kim, J.** (Multiple Principal Investigators). (02/01/2021 – 03/01/2023) **\$20,900** (direct cost: \$10,900). A cross-cultural investigation on the role of leisure-time physical activity on coping and health amidst the COVID-19. The Academy of Korean Studies, Ministry of Education in South Korea.
5. **Kim, J.** (Principal Investigator). (08/01/2020 – 7/31/2023). **\$78,750** (indirect cost: \$3,750). A cross-cultural study of leisure-time physical activity and health benefits among immigrants living in the United States and immigrants living in South Korea. School of Lifelong Education Center, Kookmin University, South Korea.
6. **Kim, J.** (Multiple Principal Investigators). (01/01/2022 – 03/01/2023) **\$20,600**. Mental health, behavioral and academic functioning among Korean international, Korean American immigrant, and White American college students during the COVID-19. The Academy of Korean Studies, Ministry of Education in South Korea.

7. **Kim, J.** (Multiple Principal Investigators) (07/01/2021-3/31/2023). **\$288,635**. A holistic approach to monitoring, measuring, and facilitating engagement among ALF residents. National Institute of Health (NIH), Small Business Innovative Research (SBIR) Grant.
8. **Kim, J.** (Multiple Principal Investigators). (09/01/2020 – 8/31/2021) **\$15,000** (direct cost: \$7,462). investigating how stress related to COVID-19 affects acculturation, health and wellbeing among Chinese immigrants living in South Korea and in the U.S. Samsung Research Fund, Sungkyunkwan University, South Korea.
9. **Kim, J.** (Principal Investigator). (05/01/2021 – 09/01/2021) **\$10,800**. The COVID-19, coping and mental health among Korean people with physical disabilities. Korean Foundation.
10. **Kim, J.** (Principal Investigator). (1/1/2021 – 12/31/2021). **\$8,730**. Nature-based health intervention on health and life satisfaction among nursing home residents. Social Science Research Commons. Indiana University.
11. **Kim, J.** (Faculty Advisor). Kim, Y. (Principal Investigator). (1/1/2021 – 12/31/2021). **\$938**. Physical and mental health benefits of Tai Chi virtual reality program: A randomized controlled trial of older Asian immigrants. Leisure Research Institute, Indiana University.
12. **Kim, J.** (Principal Investigator) & Byon, K. (Co-Investigator). (02/01/2020 – 01/31/2021) **\$18,750** (direct cost: \$18,750). Investigating the effects of activity participation among older Korean immigrants and older Korean adults from a cross-cultural perspective. The Academy of Korean Studies, Ministry of Education in South Korea.
13. **Kim, J.** (Principal Investigator). (1/1/2020 – 12/31/2020). **\$2,920**. Exploring the relationships among leisure, happiness, social support, coping, and life satisfaction among individuals with physical disabilities. Leisure Research Institute, Indiana University.
14. **Kim, J.** (Principal Investigator). (08/15/2018 – 7/31/2019). **\$7,000**. Exploring the effects of therapeutic recreation programs on health benefits among veterans. Kyungnam University, South Korea.
15. **Kim, J.** (Multiple Principal Investigators). (09/01/2015 – 08/31/2017) **\$ 159,869.00**. A cross-cultural study of acculturation, acculturative stress, leisure, and well-being among Immigrants in the United States and South Korea. National Institute on Research in Korea: Global Research Network Program.
16. **Kim, J.** (Principal Investigator). (2018). **\$2,750**. South Korea Study Abroad Program Grant Study Abroad Office, Texas State University.
17. **Kim, J.** (Principal Investigator). (2017) **\$800**. Program for Excellence in Teaching and Scholarship, Texas State University.
18. **Kim, J.** (Principal Investigator). (2016). **\$4,200**. South Korea Study Abroad Program Development/Implementation. Department of Recreation, Parks, and Leisure Services Administration, Central Michigan University.
19. **Kim, J.** (Principal Investigator). (2016). Exploring the relationships among leisure engagement, happiness, and life satisfaction among individuals with physical disabilities. College of Education

and Human Services, Central Michigan University (2016). **One Course Release and \$1,000.**

20. **Kim, J.** (Principal Investigator). (09/01/2014 – 8/31/2015). **\$9,000.** A cross-cultural study of the value of Taekwondo activity for intercultural sensitivity and health benefits. Research Institution on Dankook University, South Korea.
21. **Kim, J.** (Principal Investigator). (09/01/2013 – 8/31/2014). **\$1,834.** A cross-cultural study of the relationship between leisure involvement and acculturation among immigrants. Undergraduate Research Institute, Winston Salem State University.
22. **Kim, J.** (May 2001). **\$7,850,** Department of Physical Education Fellowship, Kyung Pook University, Tae-Gu, South Korea.

RESEARCH GRANT PROPOSALS- RECENTLY SUBMITTED BUT NOT FUNDED:

1. **Kim, J.** (Principal Investigator). (05/01/2025– 04/31/2027). **\$433,025.** Immersive virtual reality Tai Chi program efficacy: Improving balance and reducing depression in older Asian adults with mild cognitive impairment. National Institute of Health (NIH) R21.
2. **Kim, J.** (Principal Investigator). (05/01/2024– 04/31/2026). **\$418,068.** Feasibility of an intergenerational Taekwondo program on physical balance and mental health of nursing home residents. National Institute of Health (NIH) R21.
3. **Kim, J.** (Principal Investigator). (07/01/2024– 06/30/2026). **\$642,414.** Feasibility of mobile technology on cognitive function and quality of life. Texas Alzheimer's Research and Care Consortium.
4. **Kim, J.** (Principal Investigator). (09/01/2023– 08/31/2026). **\$800,068.** Feasibility and acceptability of Immersive Virtual reality Tai Chi (IVTC) program on physical balance and mental health of older adults. National Institute of Health (NIH) R34.
5. **Kim, J.** (Multiple Principal Investigators) (10/01/2023-9/31/2024). **\$499,670.** Feasibility and acceptability of multidomain technology integration for residential care community. National Institute of Health (NIH), Small Business Innovative Research (SBIR) Grant. (IU subaward: \$182,570).
6. **Kim, J.** (Multiple Principal Investigators) (09/01/2022-12/31/2022). **\$272,936.** Adapting a wearable technology system for acceptability and usability for older Asian adults with AD/DRD and caregivers. National Institute of Health (NIH), Small Business Innovative Research (SBIR) Grant.
7. **Kim, J.** (Principal Investigator), & Sol, A. (Co-Investigator). (09/01/2022 – 8/31/2023). **\$50,000** (direct cost: \$31,546). Wearable technology and its application to older Asian adults with AD/DRD. U.S. NAM Catalyst Award, American Federation for Aging Research.
8. **Kim, J.** (Principal Investigator) & Newmann, D., & Hornby, G. (Co-investigators) (10/01/2021 – 9/31/2023). **\$200,000.** Virtual reality program and mental health among non-ambulatory people with spinal cord injury. Psychosocial Research, Craig H. Neilsen Foundation. LOI was accepted for full proposal in May.
9. **Kim, J.** (Research Associate) & Kim, S. (Principal Investigator). (06/01/2021 – 05/31/2026). **\$896,425.** The expansion of Korean studies in America's heartland and the consolidation of an educational pipeline for the future. 2021 Core University Program for Korean Studies, Academy of Korean Studies, Ministry of Education in South Korea.

10. **Kim, J.** (Principal Investigator), Park, V., Tekwe, C., & Lee, E. (Co-investigators) (09/01/2021 – 8/31/2023). **\$417,182**. Nature-based virtual reality program on psychological health and life satisfaction among older Asian immigrants. National Institutes of Health (NIH) R21.
11. **Kim, J.** (Principal Investigator) & Newmann, D., & Hornby, G. (Co-investigators) (5/01/2021 – 4/31/2023). **\$153,000**. The effects of a nature-based virtual reality program on mental health and life satisfaction among non-ambulatory people with spinal cord injury. Indiana Traumatic Spinal Cord & Brain Injury Research Fund Program, Indiana Clinical and Translational Sciences Institute, Indiana State Department of Health.
12. **Kim, J.** (Principal Investigator), & Neumann, D. (Co-Investigator). (02/01/2021 – 01/31/2023). **\$ 75,000** (direct cost: \$75,000). A nature-based virtual reality intervention to enhance mental health of people with physical disabilities. Collaboration in Translational Research Pilot Grant Program, Indiana Clinical and Translational Sciences Institute.
13. **Kim, J.** (Principal Investigator), & Chow, A., & Lee, E. (Co-Investigators). (01/01/2021 – 12/31/2022). **\$ 35,032**. The effects of a nature-based virtual reality program for emotional health and life satisfaction among older Asian immigrants. Seed Funding, Indiana University.
14. **Kim, J.** (Co-Investigator), Piatt, J. (Principal Investigator), & Kessler, R. G. (Co-Investigator). (09/30/2020 – 09/30/2021). **\$185,997** (direct cost: &135,211). Indiana's Adaptive Sports Alliance for Disabled Veterans. U.S. Department of Veterans Affairs.
15. **Kim, J.** (Principal Investigator). (09/01/2020 – 8/31/2021) **\$30,000**. Health promotion and health protection of older Taiwanese adults. Chiang Ching-kuo Foundation for International Scholarly Exchange.
16. **Kim, J.** (Principal Investigator), Seo, D.-C., & Amireault, S. (Co-Investigators). (09/01/2020 – 08/31/2022). **\$ 95,481** (direct cost: \$95,481). Intergenerational physical activity and health benefits using a modified Taekwondo activity. Translational Public Health Research Award, Indiana Clinical and Translational Sciences Institute.
17. **Kim, J.** (Co-Principal Investigator), Kim, H. (Principal Investigator), & Park (Co-Investigator). (09/01/2020 – 08/31/2022). **\$278,800** (direct cost: \$73,120). A cross-cultural study of investigating the relationships among acculturation, acculturative stress, happiness, life satisfaction, and social support among Chinese international students. National Research Foundation of Korea.
18. **Kim, J.** (Principal Investigator), & Seo, D.-C. (Co-Investigator). (09/01/2020 – 8/31/2021) **\$50,000** (direct cost: \$31,546). The effect of an intergenerational physical activity program and health among nursing home residents. U.S. NAM Catalyst Award, American Federation for Aging Research.
19. **Kim, J.** (Principal Investigator). (08/01/2020 – 07/31/2020). **\$30,713**. A cross-cultural study of leisure-time physical activity, acculturation, and health among refugees. Social Sciences Research Funding Program, Indiana University Bloomington.
20. **Kim, J.** (Principal Investigator), Van Aacken, C., Yoon, H., Roznowski, J., & Knapp, D. (Co-investigators). (10/01/2018 – 9/31/2019) **\$277,438**. Equine, Taekwondo, cycling, and scuba programs for veterans. Adapted Sports Program, Department of Veterans Affairs.
21. **Kim, J.** (Co- Principal Investigator), Heo, J. (Principal Investigator), & Lee, C. (Co-investigator). (09/01/2018 – 08/31/2021). **\$180,000** (direct cost: 73,400). Health promotion and quality of life among Korean individuals with developmental disabilities. National Institute on Research in

Korea: Global Research Network Program.

22. **Kim, J.** (Principal Investigator), Yoon, H., De Nadai, A., & Coll, J. E. (Co-investigators). (8/01/2018 – 7/31/2019) **\$20,202.64**. Investigating the effectiveness of Taekwondo intervention on health benefits among veterans. Health MIRG, Texas State University.
23. **Kim, J.** (Principal Investigator). (2014) **\$22,000**. Acculturation and adaptation challenges experienced by North Korean Refugees. Early Career Grant, Central Michigan University.
24. **Kim, J.** (Principal Investigator). (2014). **\$15,000**. Exploring the Relationships among adaptive sports engagement, happiness, personal growth, health perception, and life satisfaction. New Research Initiative Grant, Central Michigan University.

HONORS AND AWARDS

Outstanding Mentor, School of Public Health, Indiana University	2023
Bronze Award for the Innovative Research on Aging, Mather Institute	2019
College Achievement Award for Scholarly/Creative Activities, Texas State	2018
Service and Learning Award, Texas State	2018
University Scholarly Activity Final List, Central Michigan University	2014
Best Research Paper Award, KAHTeah Research Symposium	2014

STUDENT AWARD AND GRANT SUCCESS

Outstanding Presentation Award (Oral Presentation) Jungjoo Lee: Different levels of leisure walking and mental health among older adults with mild cognitive impairment.	2022
National Council for Therapeutic Recreation Certification (NCTRC) Scholarship Jungjoo Lee received 2,500 USD	2022
The SMART Student Fellowship in the School of Public Health Jungjoo Lee received 2,700 USD	2022
Janet R. MacLean Fellowship on Aging Fellowship Jungjoo Lee received 2,500 USD	2022
National Council for Therapeutic Recreation Certification (NCTRC) Scholarship Jungjoo Lee received 2,500 USD	2022
Productive Graduate Student Fellowship in School of Public Health Jungjoo Lee received 2,500 USD	2021
International Organization Health Sports Kinesiology Research Grant Yonseop Kim received 350 USD	2021
Janet R MacLean Fellowship on Aging Yongseop Kim received 5,000 USD	2021
Garrett G. Eppley Fellowship Yongseop Kim(received \$3,000 USD	2021

IU SMART Scholar Fellowship Yongseop Kim received 2,500 USD	2021
Lebert H. Weir Doctoral Student Award Yongseop Kim received 1,500 USD	2021
Outstanding student in the Doctor of Philosophy in Leisure Behavior Program Yongseop Kim received 1,000 USD	2021
Productive Graduate Student Fellowship in School of Public Health Jungjoo Lee received 2,500 USD	2020

REFEREED RESEARCH PRESENTATIONS

* denotes graduate student or postdoctoral fellow

1. *Kim, J., Lobos, M., **Kim, J.**, & Ory, M. (March 2025). Investigating the effects of virtual reality Tai Chi on physical and mental health in older adults. Will be presented at the *Academy of Leisure Sciences conference, Pittsburgh, PA*
2. *Kim, Y., Lee, J., Kim, D., & **Kim, J.** (November 2024). The Impact of Immersive Virtual Reality Meditation on Mental Health of People Living With Dementia. Paper was presented at the *Gerontological Society of America. Seattle, WA*
3. *Kim, J., Lobos, M., Park, S., Oh, S., & **Kim, J.** (November 2024). The impact of participation in an immersive virtual reality Tai Chi program on the balance of older adults. Poster presented at *the Gerontological Society of America Annual Conference, Seattle, WA*
4. *Kim, J., Lobos, M., Park, S., Kim, R., Seo, J., & **Kim, J.** (November 2024). Effects of an immersive virtual reality Tai chi intervention on the mental health of older adults. Poster presented at *the Gerontological Society of America Annual Conference, Seattle, WA*
5. Kim, J., Lee, J., & **Kim, J.** (February 2024). Relationship between leisure time physical activity and disability-related stress among older adults with physical disabilities: A 5-year longitudinal study. Paper presented at *the Korean Studies Conference, Bloomington, IN*
6. Kim, Y., **Kim, J.**, & Cho, S. (February 2024). Embracing Change: Stress-related Growth in Older Korean Immigrants amid the COVID-19 Pandemic. *Paper was presented at the Institute for Korean Studies Indiana University, Bloomington, IN*
7. Lee, J., Kim, J., & **Kim, J.** (February 2024). The longitudinal relationship between physical activity and stress among older Korean adults with visual impairment. *Paper was presented at the Institute for Korean Studies Indiana University, Bloomington, IN*
8. Kim, J., Lee, J., & **Kim, J.** (February 2024). Relationships between Leisure Time Physical Activity and Perceived Stress among Korean Individuals with Physical Disabilities. *Paper was presented at the Institute for Korean Studies Indiana University, Bloomington, IN*
9. Kim, Y., **Kim, J.**, & Cho, S. (February 2024). Embracing Change: Stress-related Growth in Older Korean Immigrants amid the COVID-19 Pandemic. *Paper was presented at the Institute for Korean Studies Indiana University, Bloomington, IN*

10. **Kim, J.**, Lee, J., Smith, M., & Marcia, O. (January 2024). The Longitudinal Risk of Alzheimer's Disease and Other Dementias Following Participation in Cognitively Stimulating Leisure Activities among MCI and non-MCI Older Adults. *Paper was presented at the Texas Alzheimer's Research and Care Consortium. Austin, TX.*
11. **Kim, J.**, Kim, Y., Lee, J., Bohmer, K., Marcia, O., & Young, A. (January 2024). The Impact of the Jigsawdio Program on Cognitive Function and Mental Health among People Living with Dementia. *Paper was presented at the Texas Alzheimer's Research and Care Consortium. Austin, TX*
12. Lee, J., Kim, Y., Kim, J., & **Kim, J.** (November 2023). Leisure Activities, Life Satisfaction, Happiness, and Health Perception of Older Korean Immigrants. *Paper was presented at the Gerontological Society of America (GSA) Annual Conference. Tampa, FL*
13. Kim, Y., Young, A., Lee, J., Bohmer, K., Ory, M., & **Kim, J.** (November 2023). The Effect of the Jigsawdio Program on Cognition among Older Adults with Dementia. *Paper was presented at the Gerontological Society of America (GSA) Annual Conference. Tampa, FL*
14. Lee, J., Kim, Y., Park, H., & **Kim, J.** (November 2023). Exploring the Stress-related Growth among Elderly Korean Immigrants in the Context of COVID-19 Pandemic. *Paper was presented at the Gerontological Society of America (GSA) Annual Conference. Tampa, FL*
15. Kim, Y., Lee J., Ko, M., & **Kim, J.** (November 2023). Efficacy of a Mobile-based Multidomain Program on Cognitive Function among Older Korean Adults. *Paper was presented at the Gerontological Society of America (GSA) Annual Conference. Tampa, FL*
16. **Lee, J.**, Oh, S., Rodriguez, M., & Kim. (November 2023). Impact of leisure activities on older adults' cognitive function. *The paper was presented at the Gerontological Society of America (GSA), Tampa, FL.*
17. Kim, Y., Lee J., Ko, M., Jang, Y., & **Kim, J.** (March 2023). A Mobile-Based Multidomain Program to Promote Older Adults' Cognitive Function. *Paper was presented at the Society for Post-Acute and Long-Term Care Medicine, Tampa, FL.*
18. Kim, Y., **Kim, J.**, Chang, P., & Kim, J. (November 2022). Virtual Reality Tai Chi Program on Mental Health among Older Adults during the COVID-19 Pandemic. *Paper was presented at the American Public Health Association. Boston, USA*
19. Lee, J., & **Kim, J.** (October 2022). Leisure types, coping, happiness, life satisfaction, and health perception among college students. *The paper was presented at the International Organization Health Sports Kinesiology (IOHSK), Las Vegas, NV*
20. Lee, J., & **Kim, J.** (October 2022). Different levels of leisure walking and mental health among older adults with mild cognitive impairment. *The paper was presented at the International Organization Health Sports Kinesiology (IOHSK), Las Vegas, NV*
21. Lee, J., & **Kim, J.** (November 2022). Different levels of leisure-time physical activity and mental health for older adults with diabetes in the pandemic. *The paper was presented at the Gerontological Society of America (GSA), Indianapolis, IN*
22. Kim, Y., **Kim, J.**, Seo, D., & Han, S. (November 2022). Health Benefits of Taekwondo Intervention in Older Adults Living in Nursing Home. *Paper was presented at the Gerontological*

Society of American Annual Conference. Indianapolis, USA

23. Kim, J., Karo, O., **Kim, J.**, Lee, J., & Kim, Y. (September 2022). The Impact of Neighborhood Conditions on Leisure-Time Walking, Mental Health, and Health Perceptions of Older Veterans. *Paper was presented at the American Therapeutic Recreation Association Annual Conference. Alabama, USA*
24. Kim, Y., Lee, J., Nuseibeh, B., Jung, M., & **Kim, J.** (July 2022). The Utilization of Nature-Based Virtual Reality Practice for the Wellbeing of Older Adults with Dementia. *Paper was presented at the Alzheimer's Association International Conference. San Diego, USA*
25. Kim, Y., **Kim, J.**, & Seo, D. (November 2021). Exploring the Health Benefits of Taekwondo Intervention Among Nursing Home Residents. *Paper was presented at the International Organization for Health, Sports, and Kinesiology. Online.*
26. *Kim, Y., Lee J., Lee S., & **Kim, J.** (Sept. 2021). Nature-based virtual reality intervention on health benefits of Korean immigrants during the COVID-19 pandemic. *Paper was presented at the American Therapeutic Recreation Association, Cleveland, OH.*
27. *Lee, S., **Kim, J.**, & Ramos, W. (Sept. 2021). Investigating the relationship between accessibility of green space and adult obesity rates: A secondary analysis. *Paper was presented at the National Recreation and Park Association, Nashville, TN.*
28. *Kim, Y., **Kim, J.**, Piatt, J., & Stanojevic, C. (April 2021). Health matters: Adapted Taekwondo for adolescents and young adults with intellectual and developmental disabilities from parents' perspectives. *Paper was presented at the World Leisure Congress.*
29. *Kim, Y., **Kim, J.**, & Kim, J. (April 2021). Physical activity, social support, and happiness among people with disabilities. *Paper was presented at the Society of Health and Physical Educators.*
30. *Kim, Y., **Kim, J.**, Piatt, J., & Stanojevic, C. (September 2020). Health benefits of adapted Taekwondo practice for adolescents with intellectual and developmental disabilities from parents' perspectives. *Paper was presented at the American Therapeutic Recreation Association.*
31. *Han, A., **Kim, J.**, & Kim, J. (September 2020). Leisure walking intensity levels, mental health, and health perception among older adults. *Paper was presented at the American Therapeutic Recreation Association.*
32. Nason, E., Kim, J., & **Kim, J.** (Nov. 2019). Risk and resiliency factors for students entering field placements. *Paper was presented at the International Society for Traumatic Stress Studies, Boston, MA.*
33. *Lee, C., Yang, H., **Kim, J.**, & Paz, J. E. (Sept. 2019). Exploration of life satisfaction of Korean people with sensory disabilities across the lifespan. *Paper was presented at the American Therapeutic Recreation Association, Reno, NV.*
34. *Kim, J., **Kim, J.**, Han, A., & Kim, J. (Sept. 2019). The impact of leisure time physical activity on mental health and health perception among people with cancer. *Paper was presented at the American Therapeutic Recreation Association, Reno, NV.*

35. *Han, A., **Kim, J.**, Kim, J., & Kim, K. (Sept. 2019). The study of coping strategy and social support based on types of leisure activity among individuals with physical disabilities. *Paper was presented at the American Therapeutic Recreation Association, Reno, NV.*
36. Lee, C., Yang, H., & **Kim, J.** (Nov. 2018). Enhancing group decision making skills among adults with intellectual disabilities through the use of Yoot Nori. *Paper was presented at the Illinois Recreational Therapy Association, Chicago, IL.*
37. Yoon, H., Kim, S., & **Kim, J.** (Nov. 2018). Trends of digital divide among older adults, 2011-2016. *Paper was presented at the Gerontological Society of America (GSA), Boston, MA.*
38. Yoon, H., & **Kim, J.** (Nov. 2018). Trends of digital divide among older Asian Americans with low socio-economic status. *Paper was presented at the Council on Social Work Education, Orlando, FL.*
39. ***Kim, J.**, Chun, S., Kim, H., Han, A., Hodges, J., & Stratton, C. (Sept. 2018). Personal growth, leisure, and physical disability. *Paper was presented at the American Therapeutic Recreation Association, Grand Rapids, MI.*
40. ***Kim, J.**, Yoon, H., Han, A., & Kim, K. (April 2018). Visual impairments and leisure benefits. *Paper will be presented at the KAHTEA Research Symposium, Las Vegas, Nevada.*
41. ***Kim, J.** (Feb. 2018). Cultural competence and therapeutic recreation programs for older immigrants. *Paper was presented at Texas Recreation and Park Society, Waco, Texas.*
42. Chun, S., Heo, J., **Kim, J.**, & Lee, Y. (Feb. 2018). Casual and serious leisure in the process of adjustment from spinal cord injury. *Paper was presented at the Academy of Leisure Science of Teaching and Research, Indianapolis, IN.*
43. Walters, S., & **Kim, J.** (2017). Designing evidence-based practice: Sharing evidence. *Paper was presented at Therapeutic Recreation Symposium for the Southwest, Dallas, Texas.*
44. ***Kim, J.**, Yang, H., Lee, C., Logan, M., & Sally, C. (2017). The contribution of leisure activities to health perception, life satisfaction, and self-esteem among Korean individuals with visual impairments. *Paper was presented at the American Therapeutic Recreation Association, Orlando, Florida.*
45. ***Kim, J.**, May, K., Park, S., Han, A., & Yang, H. (2017). Leisure, social support, health, and life satisfaction among individuals with physical disability. *Paper was presented at the NRPA Leisure Research Symposium, New Orleans, Louisiana.*
46. ***Kim, J.**, Kim, M., & Park, S. (2016). Serious leisure and the sport club experience of Korean immigrants in the United States. *Paper was presented at the KAHTEA Research Symposium, Las Vegas, Nevada.*
47. **Kim, J.** (2015). Leisure and multiculturalism. *Paper was presented at the International Sport Science Congress, Gwangju, South Korea.*
48. *Han, A., **Kim, J.**, & Kim, M. (2015). The effects of leisure-time physical activity for older adults with loneliness. *Paper was presented at the International Sport Science Congress, Gwangju,*

South Korea.

49. ***Kim, J.**, Heo, J., & Han, A. (November 2014). The importance of cultural activity for health among elderly Korean immigrants. *Paper was presented at the Gerontological Society of America (GSA)*, Washington D.C.
50. Lee, C., **Kim, J.**, & Heo, J. (October 2014). Different types of leisure activities and acculturation among Korean immigrants. *Paper was presented at the NRPA Leisure Research Symposium*, Charlotte, North Carolina.
51. Chun, S., Heo, J., Lee, S., & **Kim, J.** (October 2014). Leisure predictors of purpose in life among elderly with cancer. *Paper was presented at the NRPA Leisure Research Symposium*, Charlotte, North Carolina.
52. ***Han, A.**, **Kim, J.**, & Heo, J. (Sept. 2014). Contribution of leisure-time physical activity for psychological benefits among elderly immigrants. *Paper was presented at the World Leisure Congress*, Mobile, Alabama.
53. ***Kim, J.**, **Kim, J.**, & Heo, J. (Sept. 2014). Benefits of in-group contact through physical activity for health among Korean immigrants. *Paper was presented at the World Leisure Congress*, Mobile, Alabama.
54. ***Kim, J.**, Kim, J., Heo, J., & Dvorak, R. (April 2014). Contribution of serious leisure involvement to happiness and life satisfaction. *Paper was presented at the KAHTEA Research Symposium*, Las Vegas, Nevada.
55. ***Ryu, J.**, **Kim, J.**, Heo, J., & Han, A. (April 2014). Leisure benefits for health and wellbeing among Western immigrants. *Paper was presented at the KAHTEA Research Symposium*, Las Vegas, Nevada.
56. **Kim, J.** (December 2013). Leisure and acculturation among Korean adolescents. International workshop, *Korea Sports Promotion Foundation*, Seoul, South Korea.
57. **Kim, J.**, Heo, J. & Park, S. (October 2013). Is leisure related to acculturation among Western immigrants? *Paper was presented at the NRPA Leisure Research Symposium*, Houston, TX.
58. **Kim, J.**, Heo, J. & Lee, I. (October 2013). Predicting Personal Growth and Happiness by Using Serious Leisure Model. *Paper was presented at the NRPA Leisure Research Symposium*, Houston, TX.
59. **Kim, J.**, Heo, J., & Suh, W. (November 2012). Cultural understanding and personal growth via cross-cultural activity. *Paper was presented at the NRPA Leisure Research Symposium*, Anaheim, CA.
60. **Kim, J.**, Heo, J., & Gopalan, H. (November 2012). Coping strategies through leisure participation among Asian immigrant adolescents. *Paper was presented at the NRPA Leisure Research Symposium* Anaheim, CA.
61. **Kim, J.**, Heo, J., & Carina, K. (March 2012). Taekwondo participation, personal growth, and mental and physical health. *Paper was presented at the Research Consortium for the AAHPERD*

National Convention and Exposition, Boston, MA.

62. **Kim, J.,** Heo, J., & Suh, W. (November 2011). Intergroup contact via organized activity. *Paper was presented at the NRPA Leisure Research Symposium, Atlanta, GA.*
63. **Kim, J.,** Dattilo, J., & Heo, J. (November 2011). Taekwondo participation as serious leisure for life satisfaction and health. *Paper was presented at the NRPA Leisure Research Symposium, Atlanta, GA*

TEACHING

Texas A&M University, College Station, TX

Courses Taught:

- HLTH 482: Grant Writing in HLTH Spring 2024, Spring 2025
- HLTH 429: Environmental Health Spring 2025, Fall 2024

Indiana University, Bloomington, IN

August 2019 – May 2023

Courses Taught:

- SPHY 379: Recreational Therapy Facilitation Techniques and Evaluation
- SPHY 470: Trends and Issues in Recreational Therapy
- SPHY 472: Recreational Therapy in Healthcare Environment
- SPHY 564: Therapeutic Communication and Group Counsel in Recreational Therapy
- SPHX 580: Qualitative Research Methods in Public Health

Texas State University, San Marcos, TX

Sept. 2017 – July 2019

Courses Taught:

- REC 3370: Assessment and Documentation in Therapeutic Recreation
- REC 5329: Advanced Assessment and Documentation in Therapeutic Recreation
- REC 5326: Literature and Research

Central Michigan University, Mount Pleasant, MI

August 2012 – May 2017

Courses Taught:

- RPL 210: Introduction to Therapeutic Recreation
- RPL 340: Therapeutic Recreation: Developmental Disabilities
- RPL 345: Therapeutic Recreation: Gerontology

Winston-Salem State University, Winston Salem, NC

Aug. 2011 – May 2012

Courses Taught:

- TRC 3340: Assessment and Documentation
- TRC 3320: Recreation activity, analysis and application
- TRC 4300: Research methods
- TRC 3323: Programming in recreation
- TRC 3310: Leisure education
- TRC 2311: Introduction in the community recreation

Pennsylvania State University, University Park, PA

Aug. 2009 – May 2011

Internship Supervisor

Responsibility: Assist students in understanding the goals, principles, policies and requirements of a professional internship in a recreation and/or parks system, hospital, industrial, commercial or other recreation and park setting.

Monitor the experience of each internship student and provide feedback and guidance for the successful internship completion.

Teaching Assistant

- RPTM: Inclusive Leisure of People with Disability course

UNIVERSITY/COLLEGE SERVICE

Texas A&M University, College Station, TX

Annual Merit Evaluation Committee

Fall 2023

Indiana University, Bloomington, IN

SPH Associate Dean of Research Search Committee

Spring 2021

SPH Janet R. MacLean Fellowship on Aging Selection Committee

Spring 2021

SPH Jeff and Lorenzen Huber Fellowship/Scholarship Committee

Spring 2021

Academic Council Representative

Fall 2020 – Spring 2022

Health & Wellness Design Department Chair Committee

Fall 2020 – Spring 2021

Texas State University, San Marcos, TX

University Scholars Committee

Fall 2018 – May 2019

Graduate College Scholarship

Fall 2018 – May 2019

College of Research Symposium Committee

Fall 2018 – May 2019

Health and Human Performance Scholarship Committee

Fall 2018 – May 2019

Veterans Recreational Activities Coordinator

Spring 2018

Recreation Management Faculty Search Committee

Spring 2018

Central Michigan University, Mount Pleasant, MI

Undergraduate Curriculum Committee

August 2015 – May 2017

Multicultural and Diversity Education council

January 2015 – May 2017

Pre-Occupational Therapy Club Advisor

January 2015 – May 2017

Korean Students and Scholar Association Advisor

January 2015 – May 2017

Faculty Research Exhibition

Fall 2015

Intergenerational Library Exhibit

Fall 2015

EHS College Curriculum Committee

January 2014 – May 2017

Therapeutic Recreation Club Advisor

August 2014 – May 2017

EHS Faculty Mentorship Taskforce Committee

August 2013 – Jan.2014

RPL Marketing and Advising Committee

Fall 2014

PROFESSIONAL SERVICE

Chief in Editor in American Journal of Health Behavior

Aug. 2023 – Present

Associate Editor in International Journal of Health, Sports, and Kinesiology

August 2020 - Present

Associate Editor in Journal of Leisure Research

Dec. 2017 – Present

Associate Editor in American Journal of Recreation Therapy

Dec. 2017 – Present

Associate Editor in Therapeutic Recreation Journal

Dec. 2015 – Present

Associate Editor in Annual in Therapeutic Recreation Journal

May 2016 – Present

Certified, CTRS (Certified Therapeutic Recreation Specialist)

Dec. 2012 – Present

Physical Education Teacher's License, Korea

Feb. 2000 – Present

GRADUATE STUDENT CHAIR, COMMITTEE MEMBER, AND POST-DOCTORAL FELLOW

Texas A&M University, College Station, TX

Post-doctoral Fellow

Dr. Yongseop Kim
Dr. Bomi Woo

August 2023 – May 2024
August 2023 – May 2025

Graduate Student

Serim Park

September 2024 – Present

Indiana University, Bloomington, IN

Post-doctoral Fellow

Dr. Sua Han

August 2020 – July 2023

Investigating a Pilates intervention on physical and mental health of older adults and immigrants

Understanding the relationships among leisure-time physical activity and health among immigrants

Ph.D. Chair

Jungjoo Lee
Yongseop Kim

Fall 2020 – August 2023
Spring 2020 – Present

Dissertation Committee

Noah Hoback (Completion Fall 2022)

Barriers impacting travel patterns of adults over 55 years old.

Cedomir Stanojevic (Completion Spring 2021)

The implementation of socially assistive robots for young adults with Autism Spectrum Disorder

Thesis/Project

Chair

Alison Akerman (anticipated completion Spring 2021)

Exploring the value of leisure education programs for parents of children with developmental disabilities

Committee

Nicole Bollensen (anticipated completion Spring 2021)

Application of the leisure-spiritual coping model of recreational therapy in Catholic disability ministry for young adults with developmental disabilities

Texas State University, San Marcos, TX

Visiting Scholar

Dr. Minjoon Ji (Kyungnam University)

Fall 2018 – Spring 2019

Promoting healthy behaviors of veterans with PTSD

Thesis Chair

Jaehyun Kim (Completed summer 2019)

The association of social support and leisure-time physical activity among people with cancer

Areum Han (Completed summer 2019)

A study of leisure walking on mental health and health perception among older adults

Committee

Leah M. Kilchrist (Completed summer 2020)

A comparison of hardiness and quality of life between student-athletes and non-athletes